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## PREFACE

The practice of Yoga is believed to have started with the very dawn of civilization. Yoga, being widely considered as an 'immortal cultural outcome' of Indus valley civilization – dating back to 2700 B.C. – has proved itself catering to both material and spiritual upliftment of humanity. This is one of the oldest sciences of the world, originated in India, which is very useful for preserving and maintaining one's physical and mental health and also for 'spiritual evolution'. Today, Yoga is being accepted as the system of holistic health for the prevention of diseases and promotion of health.

Lifestyle is the way people live and this has immense influence on the status of health or disease of an individual. Since one's lifestyle is developed early in life, it is advisable to cultivate healthy lifestyle in early childhood. Many factors determine one's lifestyle. Economic status determines incidence of under-nutrition in poor and obesity in the rich. Cultural values of the society dictate the dietary preferences in the population. Sedentary life is a major factor for coronary artery disease while personal habits like smoking and alcoholism determine the incidence of heart disease and cirrhosis of liver. Yoga practice, exercise, healthy diet, rest, and relaxation are being considered integral components of healthy lifestyle.

Yoga is the most perfect lifestyle module as it is comprehensive and holistic in its nature. Yogic principles of lifestyle help to strengthen and develop positive health enabling us to withstand stress better. Yoga is a holistic science of life dealing with physical, mental, emotional and spiritual health of an individual. The knowledge aspect of Yoga Sadhana is being extensively researched, with advantage to Yoga practitioners. Psychological, anatomico-physiological and philosophical phenomena underlying Yoga Sadhana have been commendably understood by the masses today. It is a matter of satisfaction for the entire humanity.

Morarji Desai National Institute of Yoga was established to act as a Centre of Excellence in the field of Yoga. The basic objective of this Institute is to develop, promote and propagate the science and art of Yoga. It is also to provide and promote facilities of Yoga education, training, therapy and research to fulfill the above objectives. As the demand for the system of Yoga is increasing rapidly at the global level, the Institute is striving hard to fulfill the current need and demand of the people from every corner.

MDNIY has conducted and taken several initiatives during the year under report to achieve the objectives of the Institute and to cater to the present need and demand. Under Yoga Education and Training Programmes, B.Sc. (Yoga Science) of 3-years duration for 10+2 students with Physics, Chemistry and Biology; Diploma in Yoga Science (DYSc.) for Graduates of one year duration; Certificate Course in Yogasana (for Health Promotion) of 3-months duration; and Certificate Course in Pranayama and Meditation (for Health Promotion) of 3-months duration are being conducted by the Institute. Foundation Course in Yoga Science for Wellness of one month duration (50Hrs.) is also being conducted successfully. In-house Yoga



Training and Therapy programmes are running successfully. Yoga Therapy Centers in Govt. / Tertiary Hospitals, Preventive Health Care Units of Yoga in CGHS Dispensaries run by the Institute are functioning very well. Summer Yoga Camps conducted by DYSc. Students in different parts of NCT Delhi have got very good response. Institute has supported to start regular Yoga Training programmes in many RWAs, Government Departments/Institutions including Parliament and Rashtrapati Bhavan. Institute has received many requests to send trained Yoga Instructors of the Institute to impart Yoga training at their organizations on payment basis. This clearly shows the interest of the masses for the quality Yoga training and therapy for healthy living, which the Institute is providing. The Institute has participated in the Arogya exhibitions organized by the Ministry of AYUSH at different places. Yoga and Music fusion programme / live Yoga demonstrations of our students, have become a star attraction of all major promotional events of Ministry of AYUSH and the Institute. IEC Material, Yoga charts and publications of the Institute etc. are catering to the needs of Yoga enthusiasts thereby helping in the promotion and propagation of Yoga among the masses. The Institute is also running Swami Vivekananda District Yoga Wellness Centers in 32 Districts during the year 2015-16 and they did well. During the year 2015-16 (01.04.2015 to 31.03.2016) approximately 0.76 lakh people have been made aware about Yoga and its benefits through various Yoga programmes in these centers.

Regular Health Promotion and Health Care programs, Yoga workshops, Experts' lectures, Socio-cultural programmes and other regular activities were also undertaken during the year.

An Intensive Certificate Course in Yoga Science 3<sup>1/2</sup> months duration has been devised to train Master trainers in Yoga for the Special Interest Group (para-military personnel). This new initiative will help to cater the need to impart yoga training to uniformed personnel. The First batch of 103 personnel had started from January 2015. During the year 2015-16 (01.04.2015 to 31.03.2016), a total of 328 Paramilitary Personnel have been trained as Master Trainers in Yoga.

Morarji Desai National Institute of Yoga has actively participated in the first **International Day of Yoga** on June 21. The institute played a pivotal role in making the event a grand success. Common Yoga Protocol booklet and DVD's for IDY were prepared by the Institute in consultation with eminent Yoga Experts and the officials of various Ministries, Govt. of India.

The Department of Yoga Therapy and Training of the Institute has been designated as a WHO Collaborating Centre for Traditional Medicine (Yoga) (WHOCC- IND118) from April, 2013 for four Years. Institute has taken of the activities under WHOCC as per the work plan. This is one of the major and unique achievements of the Institute.

The brief report on the activities and achievements of the MDNIY along with the Audit Report for the year 2015-16 is presented here.

(Dr. Ishwar V. Basavaraddi)  
Director



## CHAPTER-I

### ORGANIZATION

Morarji Desai National Institute of Yoga (MDNIY) is an Autonomous organization registered under the Societies Registration Act, 1860 and functioning under the Ministry of AYUSH, Govt. of India. MDNIY came into existence on 01.04.1998 by merging erstwhile Central Research Institute for Yoga (CRIY) which was established in the year 1976.

#### **1.1 OBJECTIVES**

- To act as a centre of excellence in Yoga;
- To develop, promote and propagate the science and art of Yoga; &
- To provide and promote facilities of training, teaching and research to achieve the above two objectives.

#### **1.2 VISION AND MISSION**

*Health, Happiness and Harmony for all through Yoga*

The Institute provides the best of Teaching, Education, Training, Therapy and Research facilities to the learners, researchers and practitioners of Yoga. The aim of the Institute is to promote deeper understanding of Yoga Philosophy and practices based on classical Yoga amongst the people.

#### **1.3 CHARTER OF FUNCTIONS**

- a) To undertake, promote, guide and coordinate research activities in various aspects of Yoga, particularly its preventive, promotional and curative potential;
- b) To standardize the methods and curricula for Yoga education, training and therapy;
- c) To provide and promote facilities for training in the field of Yoga;
- d) To promote Yoga at National and International level by organizing conferences and workshops and popularizing through media;
- e) To compile information and propagate the existing knowledge about Yoga;
- f) Documenting scientific discoveries in the field of Yoga;
- g) To coordinate and integrate the concepts followed by various schools of Yoga.

#### **1.4 THE MANAGEMENT**

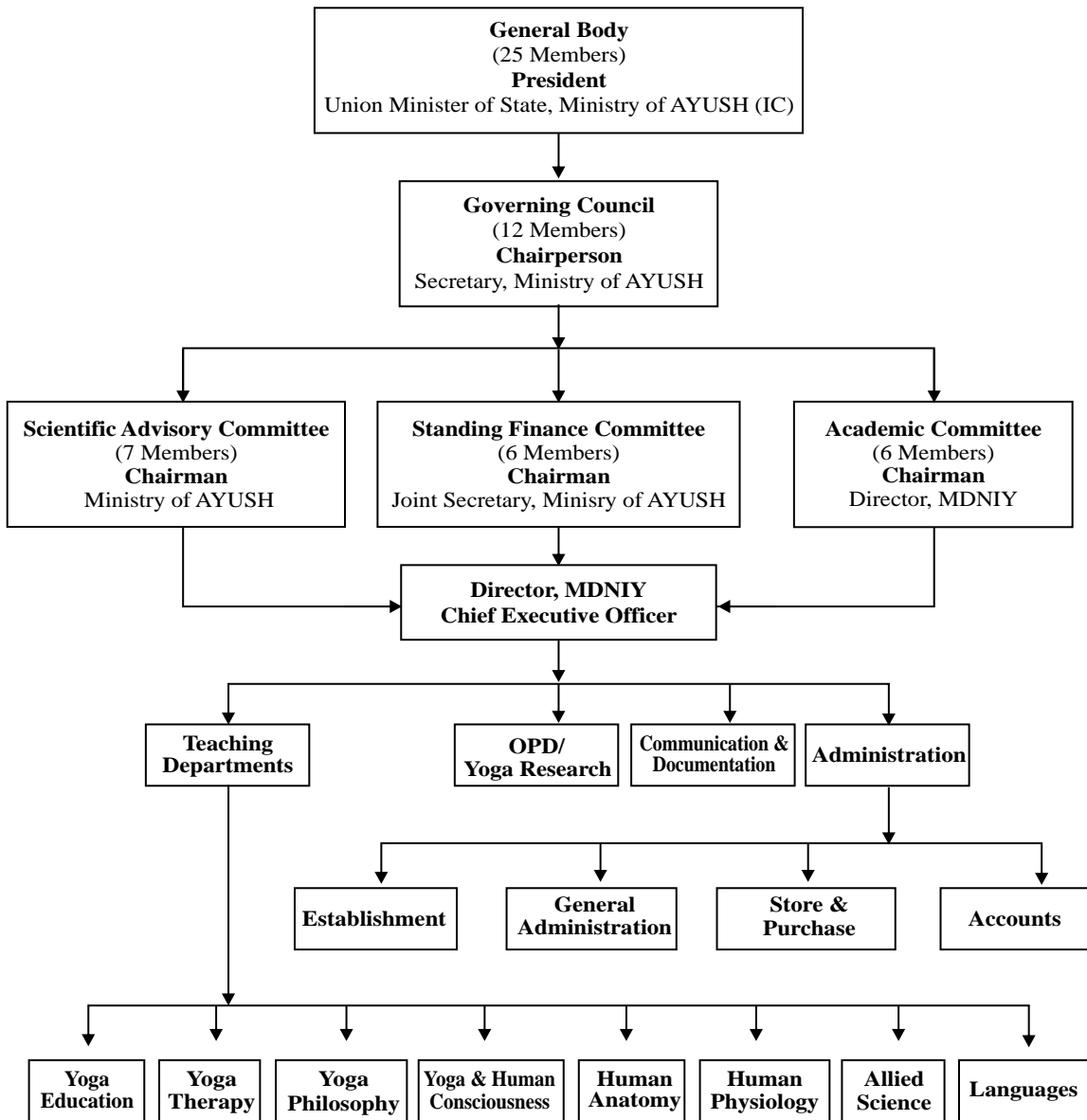
The Institute is fully funded by the Ministry of AYUSH, Govt. of India. The Authorities and the Officers of the Institute are:

The President, The General Body, The Governing Council, The Director and such other Committees, Authorities and Officers as may be appointed by the President, General Body, e.g. Standing Finance Committee, Scientific Advisory Committee, Academic Committee, etc.



The Union Minister of State for AYUSH (IC), Govt. of India is the President of the General Body of the Institute. The Secretary, Ministry of AYUSH, Govt. of India is the Chairperson of the Governing Council. The Director of the Institute is the Chief Executive Officer and “Head of the Department” of the Institute and shall exercise the powers of “Head of the Department” and inter-alia, discharges the duties as mentioned in the Bye-laws of the Institute.

### 1.5 ORGANIZATIONAL CHART OF MDNIY



## 1.6 STAFF STRENGTH

Total number of employees in MDNIY as on 31.3.2016 is as under:

Group	No. of employees	SC	ST	OBC	Total
(i)	(iii)	(iv)	(v)	(vi)	(iv)+(v)+(vi)
Group 'A'	04	02	---	01	03
Group 'B'	12	05	01	---	06
Group 'C'	13	02	01	01	04
Group 'C' *	18	12	01	---	13
Group 'D'	--	--	--	--	--
<b>Total:</b>	<b>47</b>	<b>21</b>	<b>03</b>	<b>02</b>	<b>26</b>

\*Up-graded into Group 'C' posts as per the recommendations of 6<sup>th</sup> CPC

### Retirement/Appointment etc. during the year

- One Multi Tasking Staff (Sh. Phuleshwar Mehta) retired on superannuation on 31.08.2015.
- One Assistant Research Officer, Yoga (Smt. Asha Khemani) retired on superannuation on 30.09.2015.
- One Yoga Instructor, Grade 'A' (Smt. Meera Chauhan) retired on superannuation on 31.12.2015.

## 1.7 ADMINISTRATION

During the year under report, meetings of different Committees were convened as under:-

### Standing Finance Committee

One meeting of **Standing Finance Committee** (SFC) (34<sup>th</sup>) of MDNIY was held on 15.10.2015 under the Chairpersonship of Joint Secretary (AYUSH).

### Governing Council

One meeting of **Governing Council** (GC) (20<sup>th</sup>) of MDNIY was held on 23.11.2015 under the Chairpersonship of Secretary (AYUSH) wherein several new initiatives and important decisions were taken.

- Hindi Pakhwada was organized from 16<sup>th</sup> to 30<sup>th</sup> September, 2015 where staff and students of the Institute participated in competitions such as Essay Writing, Debate & Discussions, Spelling Checks, etc.
- National-wide Sanitation /Cleanliness campaign from 25<sup>th</sup> September, 2015 to 31<sup>st</sup> October, 2015.
- Vigilance Awareness Week was organized from 26<sup>th</sup> October, 2015 to 31<sup>st</sup> October, 2015 and a pledge ceremony was held on 26<sup>th</sup> October, 2015.

## 1.8 PARTICIPATION OF THE STAFF IN DIFFERENT PROGRAMMES

1. Shri Rahul Singh Chauhan, Yoga Instructor (Contract), deputed to attend the “Yoga Fusion Programme ” at inaugural function of Yoga Centre at Grih Kalyan Kendra, Chanakyapuri, New Delhi on 1<sup>st</sup> April, 2015.
2. Smt. Meeta Vig, ARO (Yoga), deputed to participate in the Global Exhibition Tourism, at Pragati Maidan, New Delhi, from 23<sup>rd</sup> to 25<sup>th</sup> April, 2015.
3. Shri K. Doren Singh, Assistant Research Officer (Yoga) and Shri Vinay Kumar Bharti, Yoga Instructor, Gr. 'A' had been deputed to attend the Yoga–Taichi event at Beijing, China from 04<sup>th</sup> – 15<sup>th</sup> May, 2015.
4. Shri Avijit Mutsuddi, Yoga Instructor Gr. 'B' and Shri Vijender Chaudhary, MTS, deputed to participate in AROGYA at Poojapura Ground, Thiruvananthapuram from 21<sup>th</sup> – 24<sup>th</sup> May, 2015.
5. Shri Vijender Chaudhary, MTS deputed to put the exhibition in “Panch Kranti Abhiyan” to commemorate the birthday of Shri Narendra Modi, Hon'ble Prime Minister at Mavalankar Hall, New Delhi on 17<sup>th</sup> September, 2015.
6. Shri Vijender Chaudhary, MTS, deputed to put the exhibition in “Advantage Health Care India 2015” to promote service experts from India - An International Summit on Medical Value Travel from 05 th – 07 th October, 2015.
7. Shri Mahesh Kumar, MTS, deputed to put the exhibition in the North East Festival at IGNCA, New Delhi during 16 th – 18 th October, 2015.
8. Smt. Meeta Vig, ARO (Yoga) and Shri Rahul Singh Chauhan, Yoga Instructor (Contract) were deputed to participate in Exhibiting Yoga symbolic tradition of India in the World Health Organization (WHO) meeting of Pharmacovigilance at Indian Pharmacopoeia Commission, Ghaziabad, New Delhi, on 04 th November, 2015.
9. Shri Mahesh Kumar, MTS was deputed to put the exhibition in Perfect Health Mela – 2015 at Talkatora Indoor Stadium, New Delhi from 04 th to 08 th November, 2015.
10. Smt. Samrita Sital, Yoga Instructor, Gr. ‘B’ and Shri Vijender Chaudhary, MTS were deputed to participate in “CII Chandigarh Fair 2015” at Parade Ground, Sector-17, Chandigarh from 06 th – 09 th November, 2015.
11. Smt. Meeta Vig, ARO (Yoga) and Shri Mahesh Kumar, MTS were deputed to participate in “India International Trade Fair” (IITF) – 2015 at Pragati Maidan, New Delhi, from 14 th to 27 th November, 2015.
12. Smt. Meeta Vig, ARO (Yoga) and Shri Rahul Singh Chauhan, Yoga Instructors (Contract) were deputed to participate in International Year of Yoga at DRDO Bhawan, New Delhi on 27 th November, 2015.

13. Dr. Namrata Raj, Yoga Physician, Vallabhai Patel Chest Institute, University of Delhi, was deputed to attend the MPS Health Awareness Week at Parliament from 30<sup>th</sup> November – 04<sup>th</sup> December, 2015.
14. Shri Mangal Dev Pandey, MTS was deputed to put the exhibition in the India International Science festival – Mega Science, Technology and Industry Expo – 2015 at IIT Delhi, from 4<sup>th</sup> to 8<sup>th</sup> December, 2015.
15. Smt. Meeta Vig, ARO (Yoga) was deputed to participate in Health Mela at Delhi Public School, Greater Noida (UP), on 5<sup>th</sup> December, 2015.
16. Rahul Chauhan, Yoga Instructor (on contract), Shri Suresh, MTS were deputed to participate in the National Arogya Fair at Varanasi from 12<sup>th</sup> to 15<sup>th</sup> December, 2015.
17. Shri Avijit Mutsuddi, Yoga Instructor Gr. 'B' and Shri Devender Singh, MTS were deputed to participate in the National Level Arogya Fair at Prashant Kutiram, VYASA, Bangalore, from 03<sup>rd</sup> – 07<sup>th</sup> January, 2016.
18. Shri Himanshu Gautam, MTS was deputed to put the exhibition in the Arogya Expo at 2<sup>nd</sup> Ayurveda World Summit & Expo 2016 concurrent to Vibrant Saurashtra Expo & Summit 2016, at Race Course ground, Rajkot, Gujarat from 8<sup>th</sup> to 10<sup>th</sup> January, 2016.
19. Shri Kuber Bahadur, MTS was deputed to put the exhibition in the “Arogyam Vishal Arogya Mela - 2016” organized by the Ayurveda & Indian System of Medicine, Department of AYUSH, Ajmer (Rajasthan) at Jodhpur, from 28<sup>th</sup> to 31<sup>st</sup> January, 2016
20. Smt. Meeta Vig, ARO (Yoga) and Shri Gopi, MTS were deputed to participate in the National Arogya Fair – 2016, organized by the Govt. of Uttarakhand in association with CII & Ministry of AYUSH at Dehradun, Uttarakhand, from 05<sup>th</sup> to 08<sup>th</sup> February, 2016.
21. Shri Mangal Dev Pandey, MTS, deputed to put the exhibition in the “National Level Arogya Fair” at Ranchi, from 12<sup>th</sup> to 15<sup>th</sup> February, 2016.
22. Smt. Varsha Phale Mukherjee, Lab Asstt. was deputed to participate in the Exhibition during International Conference on “Pediatric Gastroenterology, Hepatobiliary, Transplant & Nutrition : Controversies and Consensus – New Dimensions to Explore” organized by the NIMS University, Shobha Nagar, Jaipur, Rajasthan, from 11<sup>th</sup> to 14<sup>th</sup> February, 2016.
23. Smt. Meeta Vig, ARO (Yoga) and Shri Rahul Singh Chauhan, Yoga Instructor (Contract) were deputed to participate in the “Indo-US workshop on Traditional Systems of Medicine” at Ashoka Hotel, New Delhi from 03<sup>rd</sup> – 04<sup>th</sup> March, 2016.
24. Shri Devender Singh, MTS was deputed to put the exhibition in the “State Level Arogya Fair” at Ambala Cantt. Haryana, from 03<sup>rd</sup> to 06<sup>th</sup> March, 2016.

25. Shri Nand Kishore, LDC and Shri Harpal Singh, MTS, were deputed to participate in the “National Level Arogya Fair” at Pune, Maharashtra, from 19<sup>th</sup> to 22<sup>nd</sup> March, 2016.
26. Shri Subodh Saurabh Singh, Yoga Instructor, (Contract) and Shri Asharfi Lal, MTS were deputed to participate in the “National Level Arogya Fair” at Goa, from 26<sup>th</sup> to 29<sup>th</sup> March, 2016.

### **1.9 SOME IMPORTANT VISITS AND PARTICIPATION OF DIRECTOR, MDNIY**

1. Visited Macao SAR and Yunnan Minzu University, Kunming China as a member of Indian delegation led by Sh. Jitendera Sharma, Joint Secratery AYUSH, Govt of India from 18-21 August, 2015.
2. Visited Pune, Lonavala and Bangalore to accompany and coordinate the visit of Chinese Delegation to the above said places from 23<sup>rd</sup> –24<sup>th</sup> September, 2015.
3. Visited DPR Korea, for attending WHO 'Regional Workshop to share experience and evidence on appropriate integration of traditional medicine into national health care systems' from 20<sup>th</sup> –22<sup>nd</sup> October, 2015.
4. Visited Kaivalyadhama, Lonavla, Pune, to attend the 8<sup>th</sup> International Conference and to chair the session as a moderator on “Education : Pros & Cons” from 27<sup>th</sup> – 29<sup>th</sup> December, 2015.
5. Visited SVYASA University, Bengaluru, to attend the 21<sup>st</sup> International Conference on frontiers in Yoga Research and its Applications and to chair “SYMPOSIA” on Integrative Medicine, from 02<sup>nd</sup> – 05<sup>th</sup> January, 2016.
6. Visited Punjab, to attend the inaugural ceremony of the 06 days Yoga Orientation Training Program for Ayurvedic Medical Officer (AMOs) and Dispensers, organized by the Directorate of Ayurveda, Govt. of Punjab, at Govt. Ayurvedic College, Patiala, on 17<sup>th</sup> January, 2016.
7. Visited Barkatullah University, Bhopal to deliver a keynote address in CME Program conducted at the Department of Yoga, on 13<sup>th</sup> February, 2016.
8. Visited Bengaluru to attend the meeting of the Committee, conducted by the UGC at Bengaluru for finalizing Yoga syllabus in Educational Institutions on 5<sup>th</sup> & 6<sup>th</sup> March, 2016.

### **1.10 VISIT OF DELEGATIONS AND DIGNITARIES TO MDNIY**

1. A Chinese delegation from Yunnan Minzu University visited Morarji Desai National Institute of Yoga on 21<sup>st</sup> September 2015. They were introduced to various programmes and activities being conducted by the institute by the Director, MDNIY. They apprised the achievements of the students and faculty members both in India and abroad. A performance of Yogic and Music Fusion by students of the institute was well received and highly appreciated by the delegation

## CHAPTER – II

# TEACHING DEPARTMENTS

### 2.0 YOGA- EDUCATION PROGRAMME

#### 2.1 YOGA EDUCATION PROGRAMMES

The Institute has been conducting B.Sc. (Yoga Science) of 3-years duration and Diploma in Yoga Science (DYSc.) for Graduates of one year duration. In addition, the Institute has started Certificate Course in Yogasana and Certificate Course in Pranayama and Meditation, each for health promotion of 3- months duration, from the year 2013-14. The Institute has also started Certificate Course in Yogic Science (CCYSc) for Special Interest Group (SIG) from the year 2015-16.

##### 2.1.1 B.Sc.(YOGASCIENCE) FOR 10+2

Morarji Desai National Institute of Yoga has started B.Sc. (Yoga Science) Course with the affiliation from Guru Gobind Singh Indraprastha University, New Delhi, from the academic session 2012-13 with a total intake capacity of 60 students in a batch. This is a regular, non-residential and full time course of three years duration comprising six semesters. The eligibility criteria for this course is passed in 12<sup>th</sup> class of 10+2 of CBSE or equivalent with Science (Physics, Chemistry and Biology) with a minimum aggregate of 50% marks in Physics, Chemistry and Biology provided that the student has passed in each subject separately.

The course aims at imparting the knowledge, skills and techniques of Yoga to enable the students to become institutionally qualified Yoga Professionals. Classes are conducted daily from 7.00 am to 3.00 pm on all working days (Monday to Friday).

The teaching faculty of the Institute includes the Director, Senior Medical Officer, Assistant Research Officer (Yoga), Dietician and Yoga Instructors give the classes in addition to the guest faculty engaged for different subjects of the course.

The 1<sup>st</sup> batch of 2012 – 15 and 2<sup>nd</sup> batch of 2013 – 16 of B.Sc. (Yoga Science) have successfully completed their course. The 3<sup>rd</sup> batch has been continued during the year 2015-16 and 4<sup>th</sup> batch of B.Sc. (Yoga Science) was started in 2015-16.

The following four students of B. Sc . (Yoga Science), 2013 – 16 participated in Shankhnaad Cultural Festival, 2016 in Indira Gandhi Institute of Physical Education & Sports Sciences, New Delhi, won the trophy and were awarded Cash Prize.

- Ms. Bhawna,                      · Ms. Radha Singla,
- Ms. Alka Arya,                      · Ms. Monica Yadav





### 2.1.2 DIPLOMA IN YOGA SCIENCE (DYSc) OF ONE YEAR FOR GRADUATES

Diploma in Yoga Science for Graduates (D.Y.Sc.) is a full time, regular, non-residential course of one year duration comprising two semesters.

The admission process for the Diploma in Yoga Science 2015-16 was initiated and the course was started in August, 2015. The total number of students admitted to the course is 117 (including 2 students from North East Region). The classes were conducted regularly on all working days (Monday to Friday) from 7.00 am to 3.00 pm. The selected students of North-East states were provided a fellowship of Rs. 8,000/- per month. The Scholarship of Rs. 3,000/- per month was also granted to the 12 Indian meritorious students based on the performance of the 1<sup>st</sup> Semester examination [7: General Category, 3: OBC, 1: SC, 1: ST]. Apart from this, 23 students have been provided with Hostel stipend who hails from outside Delhi & NCR.

The teaching faculty of the Institute which includes the Director, Senior Medical Officer, Assistant Research Officer (Yoga), Dietician and Yoga Instructors give the classes in addition to the guest faculty engaged for various subjects of the course.

### 2.1.3 SUMMER YOGA CAMPS CONDUCTED BY THE D.Y.Sc. STUDENTS

The Institute conducts Summer Yoga Camps immediately after the final examinations of the 2<sup>nd</sup> Semester of DYSc every year. During the year 2015-16, the Summer Yoga Camps were conducted by the students of Diploma in Yoga Science (2014-15) at 105 different places of Delhi & NCR. A total of 2816 people were benefited by these Yoga Camps.

**Details of these Camps are given below:**

Sl. No.	Address for Yoga Camp	No. of Participants
1.	D-Park, Inderpuri, Buddh Nagar, New Delhi-110012	50
2.	DDA Society Flats Park, Manglapuri, Palano, New Delhi-110045	51
3.	Castle Club, Edico Green Meadows, Sector-P1, Greater Noida	22
4.	Blossom Kids College, Plot No. 461, Gali No. 4, D-Block, Prem Nagar, Najafgarh, Delhi	51
5.	Bhalswa Village, Jahangir Puri, Delhi Near By Pass/Govt. School (1 to V class)	24
6.	A-1 Block, Paschim Vihar Park, Delhi	41
7.	N-Block Park, Rampuri, Kalkaji, New Delhi	34
8.	Shri Sheetla Mata Mandir, Sector-5, Gurgaon	33
9.	Prachin Shiv Mandir, Goli Chowk, Dusghara, New Delhi	31



Sl. No.	Address for Yoga Camp	No. of Participants
10.	Residential Campus & Hostel, School of Planning & Architecture, Maharani Bagh, New Friends Colony, New Delhi	31
11.	Dada Dev Mandir (Park), Raj Nagar-II, Palam Colony, Delhi	38
12.	Bindapur DDA Flats (Park), Delhi	33
13.	Chattarsal Stadium Model Town-III, Delhi	19
14.	S.K.V. No. 1, Sarojini Nagar Market, New Delhi-110023	28
15.	Pyali Park, Dabua Colony, Block-B, NIT, Faridabad, U.P.	43
16.	Sanatan Dharm Mandir Park, Sector-29, Faridabad, Sector-29, U.P.	33
17.	Vivekananda International Foundation, 3 San Martin Marg, Chanakyapuri, New Delhi	16
18.	Yoga Center, C1, Sector-33, Gate No. 5, Near Noida City Center, Delhi	15
19.	C-3 Park, Delhi Nagar Nigam, Sardar Patel Vatika, Janakpuri, Near Arya Samaj Mandir Delhi	24
20.	Chattarsal Stadium Model Town-III, Delhi	15
21.	Omi Park, Near Nangal Rai, Delhi Cantt., Delhi-110046	50
22.	Bapu Nature Cure Hospital and Yogashram, Gandhi Nidhi, Mayur Vihar, Phase-I, New Delhi-110091	31
23.	Sector-31 Park, Near Om Sweet Shop & Mother Dairy, Gurgaon-122002	12
24.	Balajee Mandir Park, G1 Block, Pillar No. 683, Maharaja Agarsen Marg, Uttam Nagar West, New Delhi	35
25.	Navyug School, NDMC Vinay Marg, Chanakyapuri, Delhi	42
26.	Arya Samaj Mandir, AC Block, Tagore Garden, Delhi-110027	38
27.	DDA Park, Shastri Nagar, New Delhi-110012	22
28.	Brahma Kumari Park, Sector-15, Part-2, Gurgaon, Near Narula Hospital	34
29.	H.No. 136, Gali No. 5, Bank Colony, Delhi-110093	18
30.	B-Block Park, Near Gurudwara, Sector-15, Rohini, Delhi	14
31.	Hansraj Sethi MCD Park, Near Govind Puri Metro Station, Delhi	24

Sl. No.	Address for Yoga Camp	No. of Participants
32.	Central Park, Opp. to Sunil Dairy between MIG and LIG Flats, Shahdara, Delhi	16
33.	District Park, Rajouri Garden, Near Cambridge School, Delhi	31
34.	Air Force Station, Subroto Park, New Delhi-110010	28
35.	Sector-9 Park, R.K. Puram, New Delhi-110022, Near Sangam Theatre	20
36.	Tarapur Enclave, Rangpuri, Behind Spinal Injury Hospital, Near Nangal Dewat, Vasant Kunj, New Delhi-110037	27
37.	D.U. Vice Chancellor Office Park, Delhi	20
38.	Baba Nanhe Nath Samadhi Sthal, Near Khera Kalan Railway Station, Khera Kalan, Delhi-110082	31
39.	Radhey Shyam Park, B-Block, Peeragarhi, Mangolpuri, Near Kali Mata Mandir, Delhi	31
40.	Central Park, R.K. Puram, Sector-2, Near by Market, Delhi	17
41.	MIG Flat (Park), Near Maruti Showroom, Meet Nagar, Delhi	23
42.	DDA Park, Pocket B & C Vasant Kunj, Sector-A, Near Gaushala, Delhi	16
43.	Om Sankat Mochan Yoga Kendra (Swami Pranvanand Brahmachari), J-4/79, Khirki Extn. Malviya Nagar, New Delhi-110017	17
44.	Central Park, Opp. To Sunil Dairy between MIG and LIG Flats, Shahdara, Delhi	19
45.	Central Park, Sector-50, Noida Opp. Back Gate of Kailash Dham Appts., Sector-50, Near by Metro Station Noida City Centre, Next to Mother Dairy, Sector-50, Noida	35
46.	DDA Park, Camp No. 5, Near Miyanwali Nagar, Jawala Puri	25
47.	Observation Home for Boys-II, Department of Women and Child Welfare (Govt. NCT of Delhi) Seva Kutir Complex Kingdom Kingway Camp, Delhi-110009	10
48.	Old Syndicate Bank Road, Pol No. 101 (Electric Pol NO.) , Palam Gaon	16
49.	Observation Home for Boys-II, Department of Women and Child Welfare (Govt. NCT of Delhi) Seva Kutir Complex Kingdom Kingway Camp, Delhi-110009	12
50.	Saheed Captain Sanjeev Dahiya Sarvodaya Vidyalaya, Sector-9, Rohini, Delhi	26

Sl. No.	Address for Yoga Camp	No. of Participants
51.	Children Park, Near Qutub Minar Red Light, Lado Sarai, New Delhi.	30
52.	DDA Park, Hastal Village, (Uttam Nagar), New Delhi-110059	18
53.	Children Court, Near G.T.B. Nagar, Metro Station, New Delhi	21
54.	Central Park Railway Colony, East Punjabi Bagh, Near to the Punjabi Bagh, Metro Station, New Delhi-110026	34
55.	Observation Home for Boys-II, Department of Women and Child Welfare (Govt. NCT of Delhi) Seva Kutir Complex Kingdom Kingway Camp, Delhi-110009	16
56.	Department of Women and Child Welfare (Govt. NCT of Delhi) Seva Kutir Complex Kingdom Kingway Camp, Delhi-110009	13
57.	DDA Park, Sector-5, Dwarka, Near Great Public School, Delhi	20
58.	Park, Near Metro Station, Sector-11, Dwarka	20
59.	Yoga Samparan Center, C-1, Noida Sector-33	34
60.	Rising Era Convent School, Khera, Delhi-110082	14
61.	Surajmal Stadium, Near Surajmal Metro Station, Nangloi, Delhi-110041	16
62.	Delhi Khel Parisar Park, DLF, Loni Goal Chakkar, Shahdara, New Delhi-94	32
63.	Krishna Vatika Park, C-1, Janakpuri	23
64.	Noresh Farm, Near Panholla Chowk, Mundka,	16
65.	Central Park, East of Loni Road, Shahdra, Delhi-93	32
66.	MCD Hospital (Park), Lajpat Nagar-2	27
67.	Tyagi Vatika, Near Nathupura Sand Burari Delhi-110084	11
68.	Usha Convent School, Gali No. 13, Village Wazirabad, P.O. Burari, Delhi-110084	111
69.	Monkey Park, Opp Majidiya Hospital, Tuglakabad	26
70.	Arya Samaj Mandir, Near Gurudwara, Kirti Nagar	15
71.	Prayas Bal Nirikshan Grih-I, Firoz Shah Kotla, Behind Cricket Stadium, Delhi Gate-110002	17
72.	Minda Baal Gram, Alipur, Delhi-110036	50
73.	Observation Home for Boys-II, Department of Women and Child Welfare (Govt. NCT of Delhi) Seva Kutir Complex Kingdom Kingway Camp, Delhi-110009	11

Sl. No.	Address for Yoga Camp	No. of Participants
74.	Navjeevan Park, West Sagar Pur,( Near Sarvodaya Kanya Vidyalaya, Cantt. Wala School.)	18
75.	Recreation Hall West Enclave, Gurunanak Apartments, Delhi-110034	14
76.	Community Hall, Near Shiv Mandir, Rani Khera,(Bus Stand), New Delhi-110081	17
77.	DDA Park, Sector-5, Dwarka, Near Great Public School, Delhi	15
78.	Aadhyatam Sadhna Kendra, Hall No. 1, Main Road, Vikash Marg, New Delhi	24
79.	Radha Krishna Mandir Hall, (Near Dev Public School), Hardevpuri, Shahdara, Delhi	36
80.	Application not submitted	15
81.	Ravidass Mandir, Amar Colony, East Gokalpur, Loni Road, Delhi-94	29
82.	DDA Park, Bhera Enclave, Near National Market, Paschim Vihar, New Delhi-110087	30
83.	Shiva Park, Jalvihar Road, Lajpat Nagar-I	31
84.	Children Court(Sewa Kutir), Near Metro Station-Gate No-2, G.T.B. Nagar, Delhi	21
85.	Children Court(Sewa Kutir), Near Metro Station-Gate No. 2, G.T.B. Nagar, Delhi	30
86.	Neighbour Hood Park, C-4-G, Near Ram Mandir, Janakpuri-110058	24
87.	Krishna Mandir, Mail Najafgarh Road, Nangloi, New Delh-41	56
88.	Navjeevan Park, West Sagar Pur,( Near Sarvodaya Kanya Vidyalaya, Cantt. Wala School.)	32
89.	Park, Noida Sector-3, Distt. Gautam Budh Nagar, Noida-201301	20
90.	M-66 (Studio), Near Moti Nagar Metro Station (Blue Line), Kirti Nagar,	14
91.	Vallabhai Patel Chest Institute (Hospital) (University of Delhi) North Campus, Delhi	27
92.	Nirankari Satsang Bhawan, Surakhpur Road, Gopal Nagar, Najafgarh, New Delhi-43	29
93.	CCRYN, Institutional Area, Janakpuri, Delhi-58	30
94.	Hathi Park, Minto Road, New Delhi-2	47
95.	Delhi Parisar Park, Near BSES Office, Chitrakoot DDA Flats, Loni Goal Chakkar	26

Sl. No.	Address for Yoga Camp	No. of Participants
96.	Govt. Girls Sr. Sec. School, No. 3, Badarpur, Delhi	20
97.	Park, Near Metro Station, Sector-11, Dwarka	25
98.	Prem Nagar, Ist Station Block, Nangloi, Delhi-86 (Sri Ram Mandir & Dharamshala, Street No. -7)	33
99.	Central Park, Sidharth Enclave, Ring Road, New Delhi-14	12
100.	Miyanwali Nagar, Shivmandir Park, Front of A7, Near Peerahgarhi, Delhi-87	44
101.	Japanese Park, Sector- 10, Rohini, Delhi-85	41
102.	Sanjay Van, Near IIMC, Vasant Kunj	14
103.	Vivekananda International Foundation, 3 San Martin Marg, Chanakyapuri, New Delhi	15
104.	Jhoolewala Park, G Block, West Patel Nagar, New Delhi	23
105.	Rising Era Convent School, Khera, Delhi-110082	25
	<b>Total No. of Participants</b>	<b>2816</b>

#### 2.1.4 Certificate Course in Yogic Science (CCYSc) for Special Interest Group (SIG)

The Institute has started Certificate Course in Yogic Science (CCYSc) for Special Interest Group (SIG) starting from 1<sup>st</sup> January, 2015. Total 328 CAPF Persons participated in this course. The Guest Lecturers were arranged on different topics for these courses.

During the year under report, the participants are as under:

S.No.	CENTRAL ARMED POLICE FORCE	Batch III & IV from 15/04/2015 to 31/07/2015	Batch V & VI from 01/08/2015 to 15/11/2015	Batch VII & VIII from 01/12/2015 to 15/03/2016
1.	Central Reserve Police Force (CRPF)	20	24	20
2.	Border Security Force (BSF)	20	21	22
3.	Sashastra Seema Bal (SSB)	15	14	14
4.	Central Industrial Security Force(CISF)	12	12	12
5.	Assam Rifles	12	12	13
6.	Indo Tibetan Border Police (ITBP)	18	14	23
7.	National Security Guard (NSG)	10	10	10
<b>TOTAL</b>		<b>107</b>	<b>107</b>	<b>114</b>
		<b>328</b>		

## 2.2 EXPERT GUEST LECTURES

MDNIY has been conducting Expert Lectures for the students and staff of the Institute and also for some interested public to create awareness about the philosophy and science of Yoga and allied subjects by inviting eminent experts from diversified fields.

The details of the Expert Lectures conducted during the year are as under:

S. No.	Date	Expert	Topic
1.	13.05.2015	Dr. Krysztof Stec	Dynamic Suryanamaskar - its Applications
2.	20.11.2015	Ms. Bijoylaxmi Hota	Yoga & Diet Therapy for the Management of Lifestyle related disorder.
3.	15.02.2016	Yogacharya JaJadranko Miklect	Vedic Yoga

## 2.3 PANCHAM SWAR: Socio-Cultural Programme

Pancham Swar: A socio-cultural programme is being organized in the institute. This is to encourage the students, faculty, and staff of the institute to exhibit their talents and to develop a healthy interpersonal relationship. Every programme was based on health theme like National Integration, Communal Harmony, etc. Total four programmes have been conducted during the year under report as under.

Sl. No.	Date	Theme
1	13.05.2015	Bhuli Bisari Yaadein (58 <sup>th</sup> )
2	16.10.2015	Anandotsav (59 <sup>th</sup> )
3	27.11.2015	Indradhanush (60 <sup>th</sup> )
4	26.02.2016	Akhand Bharat (61 <sup>st</sup> )

## 2.4 CERTIFICATE COURSE FOR HEALTH PROMOTION THROUGH AYURVEDA & YOGA

In order to improve the lifestyle management through ancient sciences of Ayurveda and Yoga for proper healthy living at the individual level, a 50-Hour course of Health Promotion through Ayurveda and Yoga was devised and started in February, 2010 with the approval of Competent Authority by Indian Red Cross Society in association with the Ministry of AYUSH and with technical support of Central Council for Research in Ayurveda Sciences and MDNIY. Director, MDNIY has been given the responsibility of the Coordinator for Yoga training.

Accordingly, a module of 24 hours Yoga Training has been prepared and 2 (two) male and 2

(two) female Yoga Instructors engaged on temporary part time basis for imparting yoga training. Theory lectures were delivered by the Director MDNIY.

The details of the courses conducted during the year 2015-16 are as under:

1. 07.03.2015 to 06.07.2015
2. 01.10.2015 to 07.01.2016
3. 17.03.2016 to (continuing)

### 3.0 YOGA TRAINING PROGRAMMES

#### 3.1.1 FOUNDATION COURSE IN YOGA SCIENCE FOR WELLNESS (FCYScW)

Foundation Course in Yoga Science for Wellness is the basic course of one month duration, for beginners in the field of Yoga. During the course, the participants were given special lectures on various aspects of Yoga, Diet and Physical & Mental Hygiene, etc., apart from the Yoga practical. Participation Certificates were awarded to the participants.

The details of the participants in each month during the period under report are as under:

S. No.	Month	Total No. of Sadhakas participated the FCYScW
1.	April, 2015	118
2.	May, 2015	100
3.	June, 2015	141
4.	July, 2015	176
5.	August, 2015	180
6.	September, 2015	99
7.	October, 2015	99
8.	November, 2015	143
9.	December, 2015	137
10.	January, 2016	116
11.	February, 2016	117
12.	March, 2016	99
	<b>Total</b>	<b>1,525</b>

### 3.1.2 CERTIFICATE COURSE IN YOGASANA (For Health Promotion) And CERTIFICATE COURSE IN PRANAYAMA & MEDITATION (For Health Promotion) of Three Months Part-time course

The Institute conducted two Certificate Courses - (i) Certificate Course in Yogasana (for Health Promotion) and (ii) Certificate Course in Pranayama & Meditation (for Health Promotion). These are part-time courses and of 3 months duration. The Guest Lecturers were arranged on different topics for these courses.

During the year under report, the courses were conducted in four batches and the details of the participants in each batch are as under:

S. No.	Name	Duration	No. of batches	No. of Participants
1.	Certificate Course in Yogasana	03 months duration	04	311
2.	Certificate Course in Pranayama & Meditation	03 months duration	04	243
	<b>Total</b>			<b>554</b>

### 3.1.2 YOGA TRAINING COURSES

Five Yoga Training Programmes in total – three in the morning and two in the evening were conducted regularly from Monday to Friday in the Institute. A total of 3167 people have been benefited by the Yoga Training Programmes during the year.

“Weekend Yoga” classes were also conducted for the working class people who were unable to attend Yoga class during working days.

Details of Participants in Yoga Training Programmes (April 2015 to March, 2016) are given below.

#### DETAILS OF THE YOGA TRAINING PROGRAMME (TOTAL NUMBER OF PARTICIPANTS)

Sl. No.	Programme	Apr. 15	May, 15	Jun., 15	July, 15	Aug. 15	Sept. 15	Oct. 15	Nov. 15	Dec. 15	Jan. 16	Feb. 16	Mar. 16	Total
1.	Health Promotion Programme (HPP)	171	174	185	192	179	176	178	524	185	260	294	255	2773
2.	Pranayama & Meditation Programme (PMP)	20	62	94	81	67	23	25	26	32	17	28	50	525
3.	Weekend Yoga Programme (WYP)	19	37	53	64	44	20	32	30	22	38	40	32	431
	<b>Total</b>	210	273	332	337	290	219	235	580	239	315	362	337	3729



Also, several organizations and Tourist groups of foreign origin have visited the Institute during the year and undergone Yoga training of short durations.

### 3.1.3 SUMMER YOGA WORKSHOP FOR CHILDREN

The Institute organized Summer Yoga Workshop for Children - 2015 from 18<sup>th</sup> May– 17<sup>th</sup> June, 2015. Total 110 children from different schools of Delhi participated and 82 children successfully completed the programme. They were given theoretical as well as practical knowledge about Yoga. Apart from practical knowledge of Sukshma Vyayama, Surya Namaskar, Asanas and breathing techniques, the theoretical lessons on some Sanskrit Verses (Sloka), tips on moral code of conduct, lessons on diet and lifestyle were also given to them.

### 3.1.4 YOGA TRAINING PROGRAMME OUTSIDE THE INSTITUTE

1. Yoga Training Programme was conducted by Ms. Deepika Singh at Bharatiya Vidya Bhavan's Mehta Vidyalaya, Kasturba Gandhi Marg, New Delhi-110001 from 16<sup>th</sup> April to 30<sup>th</sup> April, 2015.
2. Yoga Training Programme was conducted by Sh. Lalit Madaan, Sh. Sunder Singh Rotela & Sh. Rahul Kumar Shrivastava at Intelligence Bureau (MHA), Govt. of India, New Delhi from 11<sup>th</sup> May, 2015 to 27<sup>th</sup> June, 2015.
3. Yoga Training Programme was conducted by Dr. Amit Khanna, Mrs. Shikha Khanna, Ms. Varsha Saini & Mr. Subodh Saurabh Singh at Indian Red Cross Society from 19<sup>th</sup> May, 2015 to 18<sup>th</sup> August, 2015) Certificate Course in Health Promotion through Ayurveda & Yoga.
4. Yoga Training Programme was conducted by Ms. Sonia Arya at Govt. India, Electronic Media Monitoring Centre 10<sup>th</sup> Floor, Soochna Bhawan, New Delhi-110003, from 01<sup>st</sup> June to 19<sup>th</sup> June, 2015.
5. Yoga Training Program 10me was conducted by Ms. Ajita Gurnani at Met Life Global Operations, Sector-135, Noida, from 01<sup>st</sup> June to 30<sup>th</sup> June, 2015.
6. Yoga Training Programme was conducted by Mr. Amresh Kumar Jha & Ms. Neha Chaurasia at Lok Sabha Secretariat, Parliament House Annexe, New Delhi-110001, On 11<sup>th</sup> June, 2015 onwards on every Thursday and Friday in the first & second week the month.
7. Yoga Training Programme was conducted by Ms. Sonia Arya & Mr. Jatin Kumar at Govt. of India, Electronic Media Monitoring Centre, Ministry of Information & Broadcasting, 10<sup>th</sup> Floor, Soochna Bhawan, New Delhi-110003, from 11<sup>th</sup> June to 19<sup>th</sup> June, 2015.
8. Yoga Training Programme was conducted by Mr. Ankit Sharma at Madhya Pradesh Bhawan, 2, Lokpriya Gopinath, Bardolai Marg, Chanakyapuri, New Delhi (Mon, Wed & Fri) and Madhyanchal Bhawan, IHC Pocket, Institutional Area, Vasant Kunj, New Delhi

(Tue, Thur & Sat) on 16<sup>th</sup> June, 2015 onwards at both the sites (Twice a week at least).

9. Yoga Training Programme was conducted by Sh. Jitender Dutt at Ministry of Communications and IT Department of Posts, Dak Bhawan, Sansad Marg, New Delhi-110001, from 18<sup>th</sup> June to 19<sup>th</sup> June, 2015.
10. Yoga Training Programme was conducted by Sh. Amresh Kumar Jha & Smt. Mala Tripathi at Lok Sabha Secretariat, Parliament House Annexe, New Delhi-110001, 21<sup>st</sup> June, 2015 for one day.
11. Yoga Training Programme was conducted by Sh. Yogi Udai, ARO (Yoga), MDNIY at National Centre for Disease Control, 22-Sham Nath Marg, Delhi-110054, on 23<sup>rd</sup> June, 2015.
12. Yoga Training Programme was conducted by Dr. Namrata Raj, Ms. Annu Gupta & Sh. Hemant Kumar, at President's Secretariat Rashtrapati Bhavan, New Delhi-110004, from 1<sup>st</sup> July, 2014 to 30<sup>th</sup> June, 2015 and from 1<sup>st</sup> July, 2015 to 30<sup>th</sup> June, 2016.
13. Yoga Training Programme was conducted by Ms. Dimpay Kapoor at Govt. of India Directorate General of Anti-Dumping & Allied Duties, Ministry of Commerce & Industry Department of Commerce, Jeewan Tara Building, New Delhi, from 08<sup>th</sup> July, 2015 to 31<sup>st</sup> August, 2015.
14. Yoga Training Programme was conducted by Sh. Jatin Kumar & Sh. Shlok Kumar Singh, at Govt. of National Capital Territory of Delhi, Department of Women & Child Development, Observation Home for Boys-II, Sewa Kutir Complex, Kingsway Camp, Delhi-110009, from 08<sup>th</sup> July, 2015 for 6 months.
15. Yoga Training Programme was conducted by Mr. Ankit Sharma, Mr. Vimlesh, Ms. Bhawna Kalra & Ms. Loveneet Kaur at National Book Trust, India, Nehru Bhawan, 5, Institutional Area, Phase-II, Vasant Kunj, New Delhi-110070, from 20<sup>th</sup> July to 24<sup>th</sup> July, 2015.
16. Yoga Training Programme was conducted by Dr. T.S. Ganpat, Asstt. Professor (on contract), MDNIY at Brahmos Aerospace Private Ltd., 16, Cariappa Marg, Kirby Place, Delhi Cantt, New Delhi-110010 from 10<sup>th</sup> August, 2015 for a period of three weeks for three days in a week.
17. Yoga Training Programme was conducted by Sh. Rahul Kumar Shrivastava & Sh. Amit Sharma at Intelligence Bureau (MHA), Govt. of India, New Delhi from 27<sup>th</sup> July to 12<sup>th</sup> September, 2015.
18. Yoga Training Programme was conducted by Mr. Rahul Singh Chauhan, Y.I. (on contract basis), MDNIY, at RBI, Human Resource Management Department, 6, Sansad Marg, New Delhi-110001, on First Thursday of the September, 2015 onwards.

19. Yoga Training Programme was conducted by Sh. Janender Kumar & Sh. Bhushan Bhukte, at Air HQ, Vayu Bhawan for Civilian employees at AFCAO, Subroto Park, New Delhi, From 28<sup>th</sup> Sept, 2015 for two months.
20. Yoga Training Programme was conducted by Sh. Subodh Saurabh Singh & Sh. Rahul Singh Chauhan, at Ramjas Sr. Sec. School, No. 4, Chitragupta Road, Paharganj, New Delhi-55, On 28<sup>th</sup> November, 2015.
21. Yoga Training Programme was conducted by Ms. Rachna Diler & Mr. Rahul Ranjan Dubey, at DPS, Sector Gamma-II, Greater Noida, U.P.-201308, From 16<sup>th</sup> Nov, 2015 to 20<sup>th</sup> Nov, 2015, & from 1<sup>st</sup> December, 2015 to 15<sup>th</sup> December, 2015.
22. Yoga Training Programme was conducted by Sh. Subodh Saurabh Singh & Sh. Shashank Atre, at N.P. Co-Ed. Sr. Sec. School, Lodhi Road, Delhi, on 22<sup>nd</sup> December & 26<sup>th</sup> December, 2015.
23. Yoga Training Programme was conducted by Sh. Shlok Kumar Singh, at AFWWA (Regional) Headquarters, Western Air Command, Subroto Park, New Delhi-110010, from 1<sup>st</sup> January, 2016 to 30<sup>th</sup> June, 2016 for six months.
24. Yoga Training Programme was conducted by Smt. Madhu Khurana, Y.I. (on contract basis), C.G.H.S., at Nuclear Research Laboratory, Indian Agricultural Research Institute (IARI), New Delhi-110012, on 10<sup>th</sup> January, 2016.
25. Yoga Training Programme was conducted by Sh. Shashank Atre, Y.I. (on contract basis), MDNIY at Heal Foundation, A-178/21, Ground Floor, Lajpat Nagar, Near Rama Books, New Delhi-110024 on 27<sup>th</sup> January, 2016.
26. Yoga Training Programme was conducted by Sh. K. Doren Singh, ARO (Yoga), MDNIY at Kendriya Vidyalaya, Andrews Ganj, New Delhi-110024 on 27<sup>th</sup> February, 2016.
27. Yoga Training Programme was conducted by Ms. Rakhi Chakraborty, Y.I. (on temporary contractual basis) at Yoga & Meditation Centre-cum-Gym in the Ministry of Health & Family Welfare, Near Gate No. 6, Nirman Bhawan, New Delhi from 14<sup>th</sup> March, 2016 to 13<sup>th</sup> September, 2016.
28. Yoga Training Programme was conducted by Sh. Shashank Atre, Y.I. (on contract basis), MDNIY at Office of the Director, General of Audit (Central Expenditure) Indraprastha Estate, New Delhi-110002 from 28<sup>th</sup> March to 1<sup>st</sup> April, 2016.

#### **4.0 YOGA THERAPY PROGRAMMES**

##### **4.1.1 HEALTH CARE PROGRAMMES**

The Yogic lifestyle intervention has fascinated the world all over, with its potential for not only promoting the health but also management and treatment for many of the psychosomatic disorders. It was found that Yoga Intervention is very effective in the management of the

psychosomatic and lifestyle disorders.

During the period under report, 2318 people have benefited under different Therapy

Sl. No	Programme	Apr 15	May, 15	Jun. 15	July, 15	Aug. 15	Sept. 15	Oct. 15	Nov. 15	Dec. 15	Jan. 16	Feb. 16	Mar. 16	Total
1.	9:00 am - 10:00 am	21	21	24	35	24	18	22	32	30	93	80	55	455
2.	10:30 am - 11:30 am	19	17	21	33	15	22	30	18	15	33	25	53	301
3.	11:30 am - 12:30 pm	17	9	11	33	10	15	18	22	25	24	30	33	247
4.	12:30 pm - 01:30 pm	18	13	16	18	27	15	18	15	31	30	28	35	264
5.	3:30 pm - 4:30 pm	18	10	22	24	9	16	19	15	0	16	35	16	200
6.	4:30 pm - 5:30 pm	16	13	18	22	9	7	15	17	0	22	35	35	209
	<b>Total</b>	109	83	112	165	94	93	122	119	101	218	233	227	1676
	<b>Individual sessions</b>	26	32	11	64	31	20	23	20	34	42	75	65	443

#### 4.1.2 OUTPATIENT DEPARTMENT (OPD)

The Institute is running a Yoga Therapy OPD in its premises. Yoga therapy and diet consultation are being provided to the needy people. A full-fledged Pathology and Bio-chemistry Lab as well as X-Ray unit is attached to the OPD for Laboratory Investigations. Yoga therapists, Senior Medical Officer, Yoga experts, Naturopathy Physician and Dietician provide consultation in the **Out Patients' Block**. The timings of the OPD are 8:00 am to 4:30 pm on all working days. During the period, total **8356** patients were benefited from OPD.

### 4.1.3 YOGA THERAPY CENTRES IN AYUSH/ALLOPATHY HOSPITALS

With a broader view of integrating the system of Yoga in the mainstream medical care, the Institute has started the following Yoga Therapy Centres in the following Hospitals/ Institutes, after obtaining the approval of the competent authority:

- a. RajanBabu Institute of Pulmonary Medicine and Tuberculosis, Dhaka Colony, Kingsway Camp, Delhi – 110 009.
  - b. Institute of Human Behavior and Allied Sciences, Jhilmil, Dilshad Garden, Delhi – 110 095.
  - c. National Institute of Tuberculosis and Respiratory Diseases, Sri Aurobindo Marg, New Delhi – 110 030.
  - d. Vallabhbhai Patel Chest Institute, University of Delhi, North Campus, Delhi – 110 007
- The above Centres started functioning from May, 2007. The response of the public for these Centres is quite satisfactory.

During the period from April, 2015 to March, 2016, a total of **13592** patients have been benefited from these Centres. The details are as under:

Sl. No	Name of the Hospital	Total Number of Patients treated												Total
		Apr., 15	May, 15	June, 15	July, 15	Aug. 15	Sept. 15	Oct. 15	Nov. 15	Dec. 15	Jan. 16	Feb. 16	Mar. 16	
1.	National Institute of Tuberculosis and Allied Sciences, Sri Aurobindo Marg, New Delhi	208	186	195	179	183	184	178	130	195	200	204	250	2292
2.	Vallabhbhai Patel Chest Institute, University of Delhi, Delhi	463	296	626	523	441	412	362	252	241	244	218	276	4354
3.	Rajan Babu Institute of Pulmonary Medicine and Tuberculosis, Kingsway Camp, Delhi -09	204	200	188	191	196	194	196	189	187	182	176	187	2290
4.	Institute of Human Behavior & Allied Sciences, Dilshad Garden, Jhilmil, Shahdra, Delhi.	281	418	188	303	398	468	361	429	361	325	554	570	4656
	<b>Total</b>	1156	1100	1197	1196	1218	1258	1097	1000	984	951	1152	1283	13592

#### 4.1.4 PREVENTIVE HEALTH CARE UNITS OF YOGA IN CGHS DISPENSARIES

The Institute has established Preventive Health Care Units of Yoga in CGHS Dispensaries. Such Units are being run in 20 CGHS Dispensaries in Delhi and NCR. The timings of Yoga Programmes in these Dispensaries are from 7.30 am to 2:00 pm corresponding to the timings subject to CGHS dispensaries on all working days.

The details of the month-wise patients treated at these Centres from April, 2015 to March, 2016 are as under:

#### Details of Patient Treated 2015-16

Sl. No.	Name of the Dispensary	Total Number of Patients treated												
		Apr. 15	May, 15	Jun., 15	July, 15	Aug. 15	Sept. 15	Oct. 15	Nov. 15	Dec. 15	Jan. 16	Feb. 16	Mar. 16	Total
1.	CGHS Dispensary Noida Sector-II	144	219	207	208	-	-	5	8	4	41	60	166	1062
2.	CGHS Dispensary Kingsway Camp	47	29	29	27	-	41	37	18	14	41	30	47	360
3.	CGHS Dispensary Pushp Vihar, MB Road	60	52	24	56	94	81	42	75	78	41	27	29	659
4.	CGHS Dispensary Sadiq Nagar	103	61	-	-	-	58	50	25	79	12	58	66	512
5.	CGHS Dispensary Janakpuri-1, ND	176	150	177	-	46	130	182	110	111	91	118	123	1414
6.	CGHS Dispensary Hari Nagar	68	84	75	78	84	91	67	64	91	82	93	88	965
7.	CGHS Dispensary Nangalraya	115	122	118	114	108	106	116	107	116	117	119	119	1377
8.	CGHS Dispensary Delhi Cantt.	115	134	128	128	103	110	93	83	64	90	83	109	1240
9.	CGHS Dispensary Ghaziabad, kamla Nehru Nagar	24	49	93	196	129	105	163	161	233	75	62	66	1356
10.	CGHS Dispensary Mansarovar Park, Shahdara	22	27	-	-	-	-	-	-	-	-	108	158	315
11.	CGHS Dispensary Chanakyapuri	87	97	96	92	92	85	84		70	62	114	66	945
12.	CGHS Dispensary Laxmi Bai Nagar	55	59	53	59	62	63	63	74	70	57	53	63	731
13.	CGHS Dispensary Lajpat Nagar	14	13	8	14	8	12	6	7	10	10	33	26	161
14.	CGHS Dispensary Inderpuri	55	60	53	66	64	54	52	42	36	21	31	44	578
15.	CGHS Dispensary R K Puram, Sector - 6	46	55	46	54	49	44	40	38	47	40	21	30	510
16.	CGHS Dispensary Pushp Vihar, Sector - 4	61	64	61	36	66	70	85	82	83	68	51	58	785
17.	CGHS Dispensary Pusa Road Karol Bagh	79	81	76	94	73	72	73	67	73	56	97	73	914
18.	CGHS Dispensary Palam colony, Mangalapuri	54	59	54	66	72	65	69	69	63	62	73	78	784
19.	CGHS Dispensary Laxmi Nagar	69	18	68	52	53	70	-	-	-	-	511	145	986
	<b>Total</b>	1394	1433	1366	1340	1103	1257	1227	1030	1242	966	174 2	155 4	15654

Also, the details of the patient's attendance on the day-to-day basis are as under:

Sl. No.	Name of the Hospital	Total Number of Patients treated												
		Apr. 15	May, 15	Jun., 15	July, 15	Aug. 15	Sept. 15	Oct. 15	Nov. 15	Dec. 15	Jan. 16	Feb. 16	Mar. 16	Total
1.	Noida Sector-11	257	359	372	345	-	-	5	11	8	232	272	347	2208
2.	Kingsway Camp	588	726	505	397	-	618	708	489	366	399	477	825	6098
3.	Pushp Vihar, MB Road	511	394	270	447	549	668	319	434	562	351	373	541	5419
4.	Sadiq Nagar	720	415	-	-	-	570	481	470	533	287	475	507	4458
5.	Janakpuri-1, ND	474	454	577	-	122	427	807	551	657	524	842	963	6398
6.	Hari Nagar	427	557	538	570	611	641	470	475	632	604	657	529	6711
7.	Nangalraya	478	529	527	540	506	503	507	483	493	513	528	522	6129
8.	Delhi Cantt.	538	669	624	561	574	640	449	344	322	329	368	377	5795
9.	Ghaziabad, Kamla Nehru Nagar	1,158	1,237	1,446	4841	1657	2316	2108	2585	3965	326	573	596	22808
10.	Mansarovar Park, Shahdara	263	311	-	-	-	-	-	-	-	-	309	380	1263
11.	Chanakyapuri	385	429	417	401	414	369	374	-	314	286	294	185	3868
12.	Laxmi Bai Nagar	600	635	527	660	642	668	537	543	590	581	553	595	7131
13.	Lajpat Nagar	486	318	260	478	431	480	448	380	399	371	360	380	4791
14.	Inderpuri	380	649	529	546	455	774	703	702	557	427	400	582	6704
15.	R K Puram, Sector - 6	529	576	572	737	702	626	598	448	635	620	403	695	7141
16.	Pushp Vihar, Sector - 4	508	499	342	293	446	482	468	405	529	420	408	436	5236
17.	Pusa Road Karol Bagh	376	411	315	342	357	350	320	333	366	258	425		3853
18.	Palam colony, Mangalapuri	319	400	429	468	527	432	520	497	530	538	518	623	5801
19.	Laxmi Nagar	327	118	416	307	409	450	-	-	-	-	511	712	3250
	<b>Total</b>	9324	9686	8666	11933	8402	11014	9822	9150	11458	7066	8746	9795	115062

#### 4.2 WHO Collaborating Centre for Traditional Medicine (Yoga)

The Department of Yoga Therapy and Training, Morarji Desai National Institute of Yoga (MDNIY), New Delhi have been designated as WHO Collaborating Centre for Traditional Medicine (WHOCCNo.IND-118) on 5<sup>th</sup> April, 2013 for four years. MDNIY has attained the privilege to be the only WHO Collaborating Centre in the world to engage in achieving Yoga specific outcomes. Considering the global demand and popularity of Yoga for health care,

MDNIY has a lot to offer as WHO Collaborating Centre by generating information and documents of Yoga for the use of all Member States of WHO. This is a vintage point for the Institute to indulge in focused activities to yield globally accepted outcomes.

**The four terms of references are:**

- I. To serve as Yoga Resource Center for information exchange on Yoga within the country and for other countries.
- II. To assist and work with WHO in developing standards for promoting national use of Yoga.
- III. To develop and practice materials for advocating evidence based use of Yoga.
- IV. To conduct customized training programmes for national and international health professionals and WHO fellows about the utility of Yoga in health promotion.

The progress of work-plans under WHO Collaborating Center is as given below:

Sr. No.	Activity	Activity title	Progress made on the activities
1	1	Preparation and dissemination of consumer information on proper use of Yoga.	<ul style="list-style-type: none"> <li>• The concept note on work plan-1 was prepared by Dr. M.V. Bhole, Retired Joint Director of Research, Kaivalyadhama (16, Badrivishal Society, P.O. Kaivalyadhama, Lonavla, Pune-410403).</li> <li>• A Consultative Committee meeting on activity - 1 was held on 21<sup>st</sup> and 22<sup>nd</sup> September, 2014.</li> <li>• The draft document on consumer information on proper issues of Yoga has been circulated online among the experts. The views have been compiled and the draft of the documents has been finalized.</li> <li>• For accurate and reliable information to the public, many Yoga experts contributed as a resource person and shared their experiences and evidences on preparation and dissemination of consumer information on proper use of Yoga. The final document will be prepared at MDNIY, a national authentic portal for disseminating the information which is under control of Ministry</li> </ul>



Sr. No.	Activity	Activity title	Progress made on the activities
			<ul style="list-style-type: none"> <li>• of AYUSH, the national regulatory authorities.</li> <li>• The Final Document is prepared and will be submitted to WHO.</li> </ul>
	2	Organization of capacity building workshops and training programmes on the role, scope, practice and evidence-based use of Yoga in non-communicable disease.	<ul style="list-style-type: none"> <li>• The concept paper on work plan-2 has been prepared by Dr. J. S. Thakur, Additional Professor of Community Medicine, Post Graduate Institute of Medical Education and Research, Chandigarh.</li> <li>• A Consultative Meeting of Experts for the preparation of the document on the work plan-2 was convened on 10<sup>th</sup> November, 2014.</li> <li>• As per the experts view Yoga protocols for Diabetes Mellitus and Cardiovascular Diseases has been prepared on the basis of available research evidence.</li> <li>• The Capacity Building Workshop on work plan-2 on the role, scope, practice and evidence-based use of Yoga in non-communicable diseases with special reference to Diabetes Mellitus and Cardiovascular Diseases was conducted 8<sup>th</sup> to 10<sup>th</sup> December, 2014 at MDNIY. The workshop was attended by 33 modern medical and AYUSH physicians and 11 experts contributed as a resource persons. This completes first bi annual activity.</li> <li>• The approval to conduct the II Workshop on remaining NCD's has been taken. Draft plan has been prepared. Workshop will be held in the month of Oct – Nov 2016.</li> <li>• The 2<sup>nd</sup> Workshop of 3 days duration and with 30 participants will be a based on NCDs like stroke, Asthma and cancer.</li> </ul>

3	Development and dissemination of standardized health promotion Yoga modules for various target groups (Children, Adolescents and Women of Reproductive age, Geriatric population and Mental health promotion).	<ul style="list-style-type: none"> <li>• The Concept Paper on work plan-3 has been prepared by Dr. Arpan Bhatt, Associate Professor &amp; Head, D/o Swasthvritta Yoga Nisargopachar, Gujrat Ayurveda University, Jamnagar.</li> <li>• <b>The work plan to prepare the Yoga modules has been finalized. The 5 draft on different Yoga modules will be submitted by Dec-2016.</b></li> <li>• <b>The 5 different Yoga modules are given below:-</b> <ol style="list-style-type: none"> <li>1. <b>Yoga module for Children,</b></li> <li>2. <b>Yoga module for Adolescents</b></li> <li>3. <b>Yoga module for Women of reproductive age,</b></li> <li>4. <b>Yoga module for Geriatric population, and</b></li> <li>5. <b>Yoga module for Mental Health promotion</b></li> </ol> </li> </ul>
4	Meta-analysis of Yoga research studies for documentation and promotion of evidence-based uses of Yoga.	<ul style="list-style-type: none"> <li>• The Concept Paper on work plan-4 has been prepared by Dr. M.V. Bhole, Former Joint Director of Research, Kaivalyadhama, Lonavla, and the institute has taken up the work accordingly.</li> <li>• <b>The preparation of work plan is on final stage.</b></li> <li>• <b>Research articles/papers from 2007 to 2016 date will be reviewed.</b></li> </ul>

## CHAPTER – III

### **YOGA RESEARCH**

The Institute is involved in conducting the Fundamental as well as the Clinical Research related to Yoga. The institute is having the basic infrastructure facility in terms of equipments and staff for the research on Yoga. A Sleep Lab has been set up by the Institute for Advance Studies. It is proposed to take up collaborative research works with eminent Research Centres, Modern Medicine Hospitals and Yoga Centres of the country.

**Philosophico-Literary Research:** The institute is also conducting Philosophico-Literary research work related to yoga.

**Collaborative Research:** The institute intends to conduct collaborative research projects in collaboration with Premier Medical Institutions/ Hospitals with a view to promote the research in Yoga with reference to specialized field.

## **CHAPTER – IV**

### **COMMUNICATION AND DOCUMENTATION**

#### **5.1 INTERNATIONAL DAY OF YOGA**

The Ministry of AYUSH successfully organised First International Day of Yoga (IDY) on 21<sup>st</sup> June, 2015 at Rajpath, New Delhi. Two Guinness World Records were made viz. the Largest Yoga Lesson involving 35, 9 85 participants and maximum number of Nationalities (84) participated in a single yoga lesson. Two days International Conference on "Yoga for Holistic Health" was organised on 21<sup>st</sup> and 22<sup>nd</sup> June, 2015 at Vigyan Bhavan, New Delhi wherein about 1300 delegates from India and abroad participated.

Millions of people in India and across the globe participated in the First ever International Day of Yoga celebration.

The Mass Yoga Demonstration was conducted on 21<sup>st</sup> June, 2015 at Rajpath, New Delhi, where more than 40,000 people including Sh. Narendra Modi Ji, the Hon'ble Prime Minister of India, Diplomats and Dignitaries were participated. Director MDNIY and the students of the Institute performed Yoga demonstration on the stage. The following students of MDNIY participated in the Mass Yoga Demonstration.

1. Ms. Neetu
2. Sh. Manoj Kumar
3. Sh. Rakesh
4. Ms. Oshin

The Institute played a pivotal role in organising International Conference on Yoga for Holistic Health inaugurated by Sh. Narendra Modi Ji, the Hon'ble Prime Minister of India at Vigyan Bhawan, New Delhi on 21<sup>st</sup> June, at 11.00 am.

All employees of Central Government have been trained in MDNIY for the IDY Protocol.

Common Yoga Protocol and Yoga DVDs were prepared by the MDNIY in consultation with eminent Yoga Experts and the officials of various Ministries, Govt. of India to disseminate awareness of Yoga among the masses.

Outside India, IDY was celebrated in all the UNGA member countries except war torn Yemen, by the missions, Ministry of External Affairs in association with Ministry of AYUSH and various Yoga institutions and organisations.

#### **1.2 SAMARPAN DHYAN YOGA SHIVIR**

A **Samarpan Dhyan Yoga Shivir** was organized at the premises of Morarji Desai National

Institute of Yoga (MDNIY) in association with Yoga Prabha Bharti (Sewa Sanstha) Trust, Mumbai from 27<sup>th</sup> April, 2015 to 04<sup>th</sup> May, 2015 exclusively for the Parliamentarians and their families. The Shivir was inaugurated by Smt. Sumitra Mahajan, Hon'ble Speaker, Lok Sabha. Shri Shripad Yesso Naik, Hon'ble Minister of State (Independent Charge), Ministry of AYUSH presided over the inaugural function. The AYUSH Minister stressed that the very motto of the camp was to help members of Parliament to channelize their energy for the betterment of their constituency and society as a whole and make them stress free so they can work in a better way. The camp was attended by many Parliamentarians & their families, VIPs, Senior Officers of the Govt. of India.

### **5.3 SWAMI VIVEKANANDA DISTRICT YOGA WELLNESS CENTER SCHEME UNDER PPP**

Morarji Desai National Institute of Yoga (MDNIY) is providing financial assistance to run Swami Vivekananda District Yoga Wellness Centre (SVDYWC) with District as a unit for Yoga intervention aimed at supporting Non Government Organization (NGOs) partially to promote Yogic activities for public/community health care and to encourage utilization of Yoga professionals in public health care delivery programmes.

Each SVDYWC is financially assisted with Rs. 0.60 lakh as non-recurring grant (one time) and Rs. 3.90 lakhs per annum as recurring grant for three consecutive years, for engagement of technical staff and for other purposes, to carry out different Yoga propagation and promotional activities at district level.

The scheme has been launched during the year 2011-12. 159 centers at different districts of various States of India under Public Private Partnership (PPP) mode have been established in Phase-I and Phase-II till 2012-13. Out of 159 SVDYWCs established, 32 SVDYWCs are functional during the year 2015-16.

These Swami Vivekananda District Yoga Wellness Centers (SVDYWCs) under the scheme have conducted the following Yoga awareness and training programmes:

- i. Foundation Course in Yoga for Wellness (FCYW) of one-month duration.
- ii. Yoga Awareness Programme (YAP) of 3-5 days duration (minimum 15 hrs.).
- iii. Special Yoga Programmes for General Wellbeing (YPGW).
- iv. Regular Yoga Training Programme (RYTP) for prevention and promotion of health for general public.

During the financial year 2015-16 gross financial assistance amounting to Rs. 1,23,56,043/- including Monitoring charges to Nodal Yoga Institutes has been provided to 36 SVDYWCs of Phase-I & Phase-II (01.04.15 to 31.03.16 - Phase-II). During the 3<sup>rd</sup> year Phase-II (01.04.15 to 31.03.16), as per records, about 0.57 Lakh people have been made aware about Yoga and its

benefits through Yoga Awareness Programmes (YAP) and Yoga Programmes for General Wellbeing (YPGW). Further, nearly 0.19 lakh people have been imparted Yoga Training on standard Yoga practices of one month duration through Foundation Course in Yoga Science for Wellness (FCYW) and Regular Yoga Training Programmes (RYTP).

Detailed Progress made during the Year 2015-16 (as per reports available as on 31<sup>st</sup> March 2016) and otherwise by SVDYWCS of Phase-II as per their operational period is as under:

S. No.	Name of the Programme	Number of Programmes Conducted	People/Participants benefited
1	FCYW	295	6724
2	YAP	230	29073
3	YPGW	329	28198
4	RYTP	547	12547
	<b>Total</b>	<b>1401</b>	<b>76542</b>

The functioning and activities of the SVDYWCS are monitored by the following identified Nodal yoga Institutes under the scheme:

- I. Ramakrishna Mission Vivekananda University, Howrah, West Bengal;
- ii. Krishnamacharya Yoga Mandiram (KYM), Chennai;
- iii. Swami Vivekananda Yoga Anusandhana Samasthana (SVYASA), Bengaluru, Kanataka;
- iv. SMYM Samiti, Kaivalyadhama, Lonavla, Distt. Pune, Maharashtra;
- v. Dev Sanskriti Vishwavidyalaya, Gayatrikunj, Haridwar, Uttarakhand;
- vi. The Yoga Institute, Santacruz (East), Mumbai, Maharashtra;
- vii. Indian Institute of Yoga Science and Research, Bhubneshwar, Odisha;
- viii. Nutan Sanjeevni Sansthan, Deoghar, Jharkhand;
- ix. Morarji Desai National Institute of Yoga, New Delhi;

**5.4PROPAGATION: AROGYA/HEALTH MELA/EXHIBITIONS**

S.No.	Date	Events	Participation of Dignitaries
5.4.1	1 <sup>st</sup> April, 2015	<b>Yoga Fusion Programme</b> at Grih Kalyan Kendra, New Delhi.	MDNIY participated in the Yoga Fusion Programme on the day of Inaugural Function of Yoga Centre at Grih Kalyan Kendra, Chankyapuri, New Delhi on 1 <sup>st</sup> April, 2015, which was inaugurated by Sh. Sanjay Kothari, Secretary, Department of Personnel and Training. The Programme was also attended by Sh. Ajit M. Sharan, Secretary AYUSH.
5.4.2	17 <sup>th</sup> September, 2015	<b>Panch Kranti Abhiyan</b> at New Delhi	The Institute participated in the Panch Kranti Abhiyan, on the Birthday of Sh. Narendra Modi, Hon'ble Prime Minister, at Malvankar Hall, New Delhi on 17 <sup>th</sup> September, 2015.
5.4.3	5- 7 October, 2015.	<b>International Summit on Medical</b>	The Institute Participated in international Summit on Medical Values
5.4.4	16-18 Oct. 2015	<b>North East Festival</b> at IGNCA, New Delhi.	The Institute participated in the North East Festival at IGNCA, New Delhi from 16 <sup>th</sup> to 18 <sup>th</sup> October, 2015.
5.4.5	4-8 November, 2015	<b>22<sup>nd</sup> Perfect Health Mela</b> at New Delhi	MDNIY participated in the 22 <sup>nd</sup> Perfect Health Mela from 04 <sup>th</sup> to 08 <sup>th</sup> November, 2015 at Talkatora Indoor Stadium.
5.4.6	6-9 Nov., 2015	<b>Chandigarh Fair</b>	The Institute participated in the Chandigarh Fair from 06 <sup>th</sup> to 09 <sup>th</sup> November, 2015.
5.4.7	14- 27 November, 2015	<b>India International Trade Fair</b> at New Delhi	The Institute participated in the India International Trade fair from 14 <sup>th</sup> to 27 <sup>th</sup> November, 2015 at Pragati Maidan, New Delhi. Sh. J. P Nadda, Hon'ble Union Minister of Health, Govt. of India paid a visit to the stall of MDNIY.
5.4.8	4- 8 December, 2015	<b>India International Science Festival,</b> at New Delhi	The Institute participated in the India International Science Festival – Mega Science Technology & Industry Expo at IIT Delhi from 04 <sup>th</sup> to 08 <sup>th</sup> December, 2015.

S.No.	Date	Events	Participation of Dignitaries
5.4.9	12-15 December, 2015.	<b>Arogya Fair</b> at Varanasi	The Institute participated in the Arogya Fair at Varanasi from 12 <sup>th</sup> to 15 <sup>th</sup> December, 2015. The Fair was inaugurated on 12 <sup>th</sup> December, 2015 by Sh. Shripad Yesso Naik, Hon'ble Minister of State (I/C), Ministry of AYUSH, Govt. of India. Shri Anil Kumar Ganeriwala, Joint Secretary, Ministry of AYUSH also
5.4.10	3- 7 January, 2016	<b>Arogya Fair</b> at Bangalore	MDNIY participated in National Arogya as part of 21 <sup>st</sup> International Conference on Frontiers in Yoga and its applications held from 3 <sup>rd</sup> to 7 <sup>th</sup> January, 2016 at Prashanti Kutiram, Bengaluru organized by Ministry of AYUSH. The event was inaugurated by Sh. Narendra Modi, Hon'ble Prime Minister of India in the august presence of Sh. Siddaramaiah, Hon'ble Chief Minister of Karnataka; Sh. J.P. Nadda, Hon'ble Union Minister of Health and Family Welfare; Smt. Smiriti Irani, Hon'ble Union Minister of HRD, Sh. Shripad Yesso Naik, Hon'ble Union Minister of AYUSH, Dr. Padma Vibhushan D. Veerendra Heggade, Dr. H R Nagendra, Chancellor, S-VYASA University and many others.
5.4.11	8-10 January, 2016	<b>Arogya Expo at 2<sup>nd</sup> Ayurveda World Summit &amp; Expo</b> , at Gujarat	The Institute participated the Arogya Expo at 2 <sup>nd</sup> Ayurveda World Summit & Expo 2016 from 08 <sup>th</sup> to 10 <sup>th</sup> January, 2016 at Gujarat.
5.4.12	28-31 January, 2016	<b>Arogya Mela</b> at Jodhpur	The Institute participated in Arogya Mela from 28 <sup>th</sup> to 31 <sup>st</sup> January, 2016 at Jodhpur.
5.4.13	3-6 February, 2016	<b>Arogya Fair</b> at Gandhi Ground, Cantt. Ambala	The Institute participated in the Arogya Fair at Gandhi Ground, Cantt. Ambala, from 3 <sup>rd</sup> to 6 <sup>th</sup> February, 2016. The fair was organised by Ministry of AYUSH, Govt. of India with the help of State Govt. of Haryana.



S.No.	Date	Events	Participation of Dignitaries
5.4.14	5-8 February, 2016	<b>National Arogya Fair</b> at Dehradun	The Institute participated in the National Arogya Fair from 5 <sup>th</sup> to 8 <sup>th</sup> February, 2016. Shri Harish Rawat, Hon'ble Chief Minister of Uttarakhand inaugurated the fair. Sh. Shripad Yesso Naik, Hon'ble Minister of State (I/C), Ministry of AYUSH, Govt. of India and Shri Anil Kumar Ganeriwala, Joint Secretary AYUSH also graced the occasion.
5.4.15	11-14 February, 2016	<b>International Conference On "Pediatric gastroentero-Logy, Hepatobiliary, Transplant &amp; Nutrition" At Nims University Campus,</b> at Jaipur	The Institute participated in International conference on "Pediatric Gastroenterology, Hepatobiliary, Transplant & Nutrition" at NIMS University Campus, Jaipur from 11 <sup>th</sup> to 14 <sup>th</sup> February, 2016.
5.4.16	12-15 February, 2016	<b>National Arogya Fair</b> at Ranchi	The Institute participated in the National Arogya Fair from 12 <sup>th</sup> to 15 <sup>th</sup> February, 2016 at Ranch.
5.4.17	19-22 March, 2016	<b>National Level Arogya Fair</b> at Pune, Maharashtra	The Institute participated in the National Level Arogya Fair at Pune, Maharashtra from 19 <sup>th</sup> to 22 <sup>nd</sup> March, 2016. The fair was inaugurated by Shri Shripad Yesso Naik, Hon'ble Minister of State (I/C), Ministry of AYUSH, Govt. of India on 19 <sup>th</sup> March, 2016. The Arogya fair was organised by Confederation of Indian Industry.
5.4.18	26- 29 March, 2016	<b>Arogya Fair</b> at Goa	The Institute participated in the Arogya fair at Dr. Shyama Prasad Mukherjee Indoor Stadium, Goa University campus, Bambolim, Goa from 26 <sup>th</sup> to 29 <sup>th</sup> March, 2016. The Fair was inaugurated on 26 <sup>th</sup> March, 2016 by Hon'ble Chief Minister of Goa, Sh. Laxmikant Parsekar. Shri Shripad Yesso Naik, Hon'ble Minister of State (I/C), Ministry of AYUSH, Govt. of India, Shri Suresh Prabhakar Prabhu, Hon'ble Union Minister of Railway and Shri Anil Kumar Ganeriwala, Joint Secretary, Ministry of AYUSH also attended the Fair.

The following activities were performed by MDNIY in the above said Arogya Fair, Mela, Health Exhibitions:-

- Yoga and Music Fusion Programme
- Live Yoga Demonstrations
- Yoga Training and Therapy Sessions
- The Exhibition Stall
- The Sale Counter & distribution of IEC Material
- Lectures on Yoga
- Consultation and Counselling

## CHAPTER – V

### **Separate Audit Report of the Comptroller & Auditor General of India on the accounts of Morarji Desai National Institute of Yoga for the year ended March 2016**

We have audited the attached Balance Sheet of Morarji Desai National Institute of Yoga (Institute) as at 31 March 2016, the Income & Expenditure Account and Receipts & Payments Accounts for the year ended on that date under Section 20 (I) of the Comptroller & Auditor General's (Duties, Powers & Conditions of Services) Act, 1971. The audit has been entrusted for the period up to 2015-16. These financial statements are the responsibility of Institute's management. Our responsibility is to express an opinion on these financial statements based on our audit.

**2** This Separate Audit Report contains the comments of the Comptroller & Auditor General of India (CAG) on the accounting treatment only with regard to classification, conformity with the best accounting practices, accounting standards and disclosure norms etc. Audit observations on financial transactions with regard to compliance with the Law, Rules & Regulations (Propriety and Regularity) and efficiency-com-performance aspects etc., if any, are reported through report /CAG's Audit Reports separately.

**3** We have conducted our audit in accordance with auditing, standards generally accepted in India. These standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatements. An audit includes examining on a test basis, evidences supporting the amounts and disclosure in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall presentation of financial statements. We believe that our audit provides a reasonable basis for our opinion.

**4 Based on our audit, we report that:**

- i) We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit;
- ii) The Balance Sheet, Income & Expenditure Account and Receipts & Payments Account dealt with by this report have drawn up in the uniform format of accounts approved by the Ministry of Finance, Government of India.
- iii) In our opinion, proper books of accounts and other relevant records have been maintained by the Institute, in so far as it appears from our examination of such books.
- iv) We further report that:

## A.1 General

A.1.1 Scrutiny of Bank Reconciliation Statements revealed that un-reconciled balances in the accounts of the Institute are as detailed below:

Particulars	Period	Amount in ₹
Bank Account No. 26030100006213	September 2012 to November 2015	14100
Bank Account No. 0153000109853414	Feb 2011	20000
		34100

A.1.2 The Institute has not calculated any liability for retirement benefits on actuarial valuation. Accounting Policy No. 5 shown in Schedule 25 of the financial statements is neither in conformity with approved format of accounts nor AS 15 issued by ICAI.

A.1.3 The Institute had depicted all its transactions in the accounts in fraction of a rupee and had not rounded off the truncation amount to the nearest rupee.

## B. Grants - in - aid:

Out of the grants -in-aid of ₹ 595.05 lakh (Plan: ₹182.50 lakh and Non-Plan: ₹ 412.55 lakh) received during the year 2015-16, ₹ 287.50 lakh (Plan: ₹ 182.50 lakh and Non Plan: ₹ 105 lakh) was received in March 2016. The Institute had an unspent balance of ₹ 408.42 lakh (Plan: ₹ 400.62 lakh and Non-Plan: ₹ 7.80 lakh) for the previous year. The Institute had generated ₹ 152.51 lakh (Plan: ₹ 149.90 lakh and Non Plan: ₹ 2.61 lakh) from its own resources. The Institute could utilize a sum of ₹ 1044.26 lakh (Plan ₹ 683.97 lakh and Non-Plan: ₹ 360.29 lakh) leaving an unutilized balance of ₹ 111.72 lakh (Plan: ₹ 49.05 lakh and Non Plan: ₹ 62.67 lakh) as on 31st March, 2016.

## C. Management Letter

Deficiencies which have not been included in the Audit Report have been brought to the notice of the Institute through a management letter issued separately for remedial/corrective action.

D. Lack of Response : The Management of the Institute had failed to give reply to the draft SAR within the prescribed period.

v. Subject to our observations in the preceding paragraphs, we report that the Balance Sheet, Income & Expenditure Account and Receipts & Payments Account dealt with by this report are in agreement with the books of accounts.

vi. In our opinion and to the best of our information and according to the explanations given to us, the said financial statements read together with the Accounting Policies and Notes on Accounts, and subject to the significant matters stated above and other matters mentioned in Annexure I to this Audit Report give a true and fair view in conformity with accounting principles generally accepted in India.

- a. In so far as it relates to the Balance Sheet, of the state of affairs of the Morarji Desai National Institute of Yoga as at 31 March 2016; and
- b. In so far as it relates to Income & Expenditure Account of the deficit for the year ended on that date.

**For and on behalf of the C & AG of the India**

**Director General of Audit  
Central Expenditure**

Place: New Delhi

Date: 26-10-16

Annexure to D.O. Lr. No. AMG-II/SAR/MDNIY/7-18/2016-17

- 1 There is wrongful depiction of figures in Schedule & under S. No. 2 which need to be amended as detailed below:

Amount in Rs.

	Gross Block			Depreciation		
	Cost valuation at the beginning of the year	Cost valuation at the end of the year	At the beginning of the year	On addition during the year	Total up to the year end	
2 d. Superstructures on Land not belonging to the entity	As given in accounts	685815	685815	-	68581	68581
	To be amended	762017	762017	76202	68581	144783
Total of current Year (A)		19104224	19875188	15074721	891881	15966602

**MORARJI DESAI NATIONAL INSTITUTE OF YOGA**

(An autonomous Institute under Ministry of AYUSH, Govt of India)

68, Ashok Road, New Delhi-110 001

**BALANCE SHEET AS ON 31ST MARCH 2016**

(Amount - Rs.)

<b>CORPUS/CAPITAL FUND AND LIABILITIES</b>	<b>Schedule</b>	<b>Current Year</b>	<b>Previous Year</b>
CORPUS/CAPITAL FUND	1	138,802,162.00	162,193,257.53
RESERVES AND SURPLUS	2	-	-
EARMARKED/ ENDOWMENT FUNDS	3	8,978,639.00	8,707,105.91
SECURED LOANS AND BORROWINGS	4	-	-
UNSECURED LOANS AND BORROWINGS	5	-	-
DEFERRED CREDIT LIABILITIES	6	-	-
CURRENT LIABILITIES AND PROVISION	7	3,393,610.00	2,778,583.00
<b>TOTAL</b>		<b>151,174,411.00</b>	<b>173,678,946.44</b>
<b>ASSETS</b>			
FIXED ASSETS	8	17,073,250.00	17,194,168.08
INVESTMENTS - FROM EARMARKED / ENDOWMENT FUNDS	9	207,137.00	219,637.00
INVESTMENTS - OTHERS	10	-	-
CURRENT ASSETS, LOANS, ADVANCES ETC.	11	133,894,024.00	156,265,141.36
MISCELLANEOUS EXPENDITURE (to the extent not written off or adjusted)			
<b>TOTAL</b>		<b>151,174,411.00</b>	<b>173,678,946.44</b>
SIGNIFICANT ACCOUNTING POLICIES	24		
CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS	25	-	-

(Anshuman Kumar Jha)  
Accountant(Dr. Rakesh Kumar)  
DDO(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016

Place:New Delhi



**MORARJI DESAI NATIONAL INSTITUTE OF YOGA**  
(An autonomous Institute under Ministry of AYUSH, Govt of India)  
68, Ashok Road, New Delhi-110 001

**INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.2016**

INCOME	Schedule	Plan (Rs.)		Non-Plan (Rs.)	
		Current Year	Previous Year	Current Year	Previous Year
Income from Sales/Services	12	11,364,869.00	8,085,057.00	-	-
Grants/Subsidies	13	18,250,000.00	93,918,143.41	41,255,000.00	40,002,710.29
Fees/Subscription	14	1,637,050.00	1,570,475.00	-	100.00
Income from Investments (Income on Invest. from Earmarked/	15	-	-	-	-
Income from Royalty, Publications etc	16	-	-	-	1,000.00
Interest Earned	17	1,492,699.00	3,408,764.00	252.00	3,355.00
Other Income	18	47,892.00	1,224,482.00	-	95,098.00
Increase/(Decrease) in stock in Finished goods and works in progress	19	-	-	-	-
<b>TOTAL (A)</b>		<b>32,792,510.00</b>	<b>108,206,921.41</b>	<b>41,255,252.00</b>	<b>40,102,263.29</b>
<b>EXPENDITURE</b>					
Establishment Expenses	20	482,483.00	1,432,437.00	34,159,151.00	37,048,126.00
Other Administrative Expenses etc	21	39,588,064.08	36,949,271.46	1,538,591.98	2,103,834.40
Expenditure on Grants, Subsidies etc	22	21,670,567.00	31,704,976.00	-	-
Interest	23	-	-	-	-
Depreciation (Net Total at the year end-corresponding to Schedule 8)					
<b>TOTAL (B)</b>		<b>61,741,114.08</b>	<b>70,086,684.46</b>	<b>35,697,742.98</b>	<b>39,151,960.40</b>
Balance being excess of Income over Expenditure (A-B)					
Transfer to Special Reserve (Specify each)					
Transfer to/from General Reserve					
<b>BALANCE BEING SURPLUS/(DEFECIT) CARRIED TO CORPUS/CAPITAL FUND</b>		<b>-28,948,604.08</b>	<b>38,120,236.95</b>	<b>5,557,509.02</b>	<b>950,302.89</b>
<b>SIGNIFICANT ACCOUNTING POLICIES</b>	24				
<b>CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS</b>	25				

(Anshuman Kumar Jha)  
Accountant

Date:30.06.2016  
Place:New Delhi

(Dr. Rakesh Kumar)  
DDO

(Dr. I. V. Basavaraddi)  
Director



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**SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016**

SCHEDULES 1 - CORPUS/CAPITAL FUND:	Current Year		Previous Year	
a) <u>Building Fund</u> Balance as at the beginning of the year Add: Amt. Trf out of grant from Income & Expenditure (Plan) for construction of building / purchase of Assets Less: Utilised toward objective of the fund: Fixed Assets (building) trf to Fixed Assets Fund	159,710,196.98		120,639,657.15	
b) <u>Fixed Assets Fund</u> Balance as at the beginning of the year Add: Amt. Trf out of grant from Income & Expenditure (Plan) for purchase of Assets during the year Add: Transferred from Building Fund a/c Add: Add back Depreciation accounted till date on the assets written off during the year Less: Assets written off/Disposal off on book value Less: Depreciation on fixed assets accounted during the year	-23,391,095.06	136,319,101.92	-	159,710,196.98
	2,483,060.55		2,483,060.55	
	-	2,483,060.55	-	2,483,060.55
<b>BALANCE AS AT THE YEAR END</b>		<b>138,802,162.00</b>		<b>162,193,257.53</b>

(Anshuman Kumar Jha)  
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(Dr. Rakesh Kumar)  
DDO

(Dr. I. V. Basavaraddi)  
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Place:New Delhi

**MORARJI DESAI NATIONAL INSTITUTE OF YOGA**

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**SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016**

<b>SCHEDULES 2 - RESERVES AND SURPLUS:</b>	<b>Current Year</b>		<b>Previous Year</b>	
1. Capital Reserve :				
As per Last Account	-		-	
Addition during the year	-		-	
Less: Deductions during the year	-	-	-	-
2 Revaluation Reserve :				
As per Last Account	-		-	
Addition during the year	-		-	
Less: Deductions during the year	-	-	-	-
3. Special Reserve :				
As per Last Account	-		-	
Addition during the year	-		-	
Less: Deductions during the year	-	-	-	-
4. General Reserve :				
As per Last Account	-		-	
Addition during the year	-		-	
Less: Deductions during the year	-	-	-	-
<b>TOTAL</b>		-		-

(Anshuman Kumar Jha)  
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**SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016**

<b>SCHEDULE 3 - EARMARKED/ENDOWMENT FUNDS</b>			<b>(Amount - Rs.)</b>	
	<b>Current Year</b>		<b>Previous Year</b>	
<b>a) Sundry Fund (Non-Plan)</b>				
As per last balance sheet	163,110.11		163,110.11	
Add: Amt. trf. Out of prov. For leave Encashment (NP)	-		-	
Less: Transferred to Income & Expenditure a/c	-	163,110.11	-	163,110.11
<b>b) Sundry Fund (Plan)</b>				
As per last balance sheet	2,967,921.00		2,967,921.00	
Add: Amt. trf. Out of grant from Income & Expenditure (Plan)	-		-	
Less: Transferred to Income & Expenditure a/c	-	2,967,921.00	-	2,967,921.00
<b>c) Gratuity &amp; Leave Encashment Fund</b>				
<b>i) Provision for Gratuity</b>				
As per last balance sheet	4,131,908.00		6,379,413.00	
Add: Amt. trf. from Income & Expenditure a/c	-		-	
Less: Adjusted against dure from MHFW	-	4,131,908.00	2,247,505	4,131,908.00
<b>ii) Provision for Leave Encashment (NP)</b>				
As per last balance sheet	-		-	
Add: Provision made during the year	-		-	
Less: Adjusted against dure from MHFW	-	-	-	-
<b>iii) Provision for Leave Encashment (P)</b>				
As per last balance sheet	-		-	
Add: Provision made during the year	-		-	
Less: Adjusted against dure from MHFW	-	-	-	-
<b>d) CME-ROTP Programme Fund</b>				
As per last balance sheet	-		350,000.00	
Add: Fund received during the year	-		-	
Less: Fund utilised during the year	-	-	350,000.00	-
<b>e) WHO Project Fund</b>				
As per last balance sheet	135,401.80		119,644.80	
Add: Fund received during the year	271,533.00		1,171,520.00	
Less: Fund utilised during the year	-	406,934.80	1,155,763.00	135,401.80
<b>f) History on Health Care Project Fund</b>				
As per last balance sheet	-		-	
Add: Fund received during the year	-		-	
Less: Fund utilised during the year	-	-	-	-
<b>g) CCTSc Air Force Programme Fund</b>				
As per last balance sheet	1,308,765.00		1,308,765.00	
Add: Fund received during the year	-		-	
Less: Fund utilised during the year	-	1,308,765.00	-	1,308,765.00
<b>NET BALANCE AS AT THE YEAR END</b>		<b>8,978,639.00</b>		<b>8,707,105.91</b>
<b>Notes</b>				
1) Disclosures shall be made under relevant heads based on conditions attaching to the grants				
2) Plan Funds received from the Central/State Governments are to shown as separate Funds and not to be mixed up with any other Funds				

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

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Place:New Delhi



## MORARJI DESAI NATIONAL INSTITUTE OF YOGA

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### SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016

(Amount - Rs.)

	Current Year		Previous Year	
	<b><u>SCHEDULE 4 - SECURED LOANS AND BORROWINGS</u></b>			
1 Central Government		-		
2 State Government (Specify)		-		
3 Financial Institutions				
a) Term Loans	-		-	
b) Interest accrued and due	-	-	-	-
4 Banks				
a) Term Loans	-		-	
- Interest accrued and due	-		-	
b) Other Loans (specify)	-		-	
- Interest accrued and due	-	-	-	-
5 Other Institutions and Agencies		-		-
6 Debentures and Bonds		-		-
7 Others (Specify)		-		-
<b><u>TOTAL</u></b>		-		-
<b>Note: Amounts due within one year</b>				

(Anshuman Kumar Jha)  
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Place: New Delhi

# MORARJI DESAI NATIONAL INSTITUTE OF YOGA

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## SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016

(Amount - Rs.)

	Current Year	Previous Year
<b><u>SCHEDULE 5 - UNSECURED LOANS AND BORROWINGS</u></b>		
1. Central Government	-	-
2. State Government (Specify)	-	-
3. Financial Institutions	-	-
4 Banks		
a) Term Loans	-	-
b) Other Loans (specify)	-	-
5 Other Institutions and Agencies	-	-
6 Debentures and Bonds	-	-
7 Others (Specify)	-	-
<b><u>TOTAL</u></b>	-	-
<b>Note: Amounts due within one year _____</b>		

	Current Year	Previous Year
<b><u>SCHEDULE 6 - DEFERRED CREDIT LIABILITIES</u></b>		
a, Acceptances secured by hypothecation of capital equipment	-	-
b. Others	-	-
<b><u>TOTAL</u></b>	-	-
<b>Note: Amounts due within one years</b>		

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Place: New Delhi



**MORARJI DESAI NATIONAL INSTITUTE OF YOGA****(An autonomous Institute under Ministry of AYUSH, Govt of India)  
68, Ashok Road, New Delhi-110 001****SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016****(Amount - Rs.)**

<b>SCHEDULE 7 - CURRENT LIABILITIES AND PROVISIONS</b>	<b>Current Year</b>		<b>Previous Year</b>	
<b>a) Pay and Allowances (Salary Payable)</b>				
As per last balance sheet	115,871.00		23,684.00	
Add: Outstanding for the year	19,050,720.00		110,187.00	
Less: Paid during the year	19,050,720.00		18,000.00	
Adjusted against Pay Recovery	-		-	
		115,871.00		115,871.00
<b>b) Security Deposit (Library)</b>				
As per last balance sheet	4,500.00		4,500.00	
Add: Received during the year	-		-	
Less: Refunded back during the year	-	4,500.00	-	4,500.00
<b>c) Security Deposit as Liability</b>				
As per last balance sheet	96,589.00		78,589.00	
Add: Received during the year	79,200.00		108,000.00	
Less: Refunded back during the year	14,000.00	161,789.00	(90,000.00)	96,589.00
<b>d) Earnest Money</b>				
As per last balance sheet	709,500.00		489,900.00	
Add: Received during the year	690,000.00		220,000.00	
Less: Refunded back during the year	-	1,399,500.00	(400.00)	709,500.00
<b>e) Caution Money of Students</b>				
<b>As per last balance sheet</b>	575,000.00		449,000.00	
<b>Add: Received during the year</b>	289,000.00		264,000.00	
<b>Less: Refunded back during the year</b>	194,000.00	670,000.00	(138,000.00)	575,000.00
<b>f) Retention Money</b>				
As per last balance sheet	145,049.00		145,049.00	
Add: Received during the year	-		-	
Less: Refunded back during the year	-	145,049.00	-	145,049.00

Continue in next page..

## MORARJI DESAI NATIONAL INSTITUTE OF YOGA

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### SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016

<b>g) Misc. Receipt/Payments</b>				
As per last balance sheet	-		93,860.00	
Add: Received during the year	300.00		-	
Less: Paid during the year	-	300.00	(93,860.00)	-
<b>h) Sundry Creditors</b>				
As per last balance sheet	679,263.00		656,749.00	
Add: Received during the year	-		22,984.00	
Less: Paid during the year	-	679,263.00	(470.00)	679,263.00
<b>i) MHFW Grants Carry &amp; B/f (Non-Plan)</b>				
As per last balance sheet	-		-	
Less: Transferred to Inc. & Exp. a/c	-		-	
Add: Unspent Grant C/F during the year	-	-	-	-
<b>j) MHFW Grants Carry &amp; B/f (Plan)</b>				
As per last balance sheet	-		92,344,143.41	
Less: Transferred to Inc. & Exp. a/c	-		(92,344,143.41)	
Add: Unspent Grant C/F during the year	-	-	-	-
<b>k) TDS Payable</b>				
On Salary (Plan 741 + non plan 3630)	-		4,371.00	
On others (Plan 110 + non plan 24818)	10,448.00	10,448.00	35,377.00	39,748.00
<b>l) B Sc. (Yoga Sc.) Security Deposit</b>	140,000.00		145,000.00	
Add: Received during the year	5,000.00		-	
Less: Paid during the year	30,000.00	115,000.00	5,000.00	140,000.00
<b>m) Claim Payable</b>		-100.00		13,063.00
<b>n) GPF and CGEGIS Payable</b>		15,060.00		-
<b>o) GSLI Payable</b>		61,726.00		-
<b>p) BSC Yoga sc university charge payable</b>		-		260,000.00
<b>q) NPS Payable</b>		15,204.00		
<b>TOTAL (A)</b>		<b>33,93,610.00</b>		<b>2,778,583.00</b>

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

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**SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016**

DESCRIPTION	GROSS BLOCK			DEPRECIATION			NET BLOCK		(Amount - Rs.)		
	Cost/valuation as at beginning of the year	Additions during the year before 30.09.2015	Additions during the year after 30.09.2015	Deductions during the year	Cost/valuation as at end of the year	As at the Beginning of the year	On Additions during the year	On Deductions during the year		Total up to the Year - end	As at the Current Year - end
<b>A. FIXED ASSETS</b>											
1 <u>LAND</u>											
a) Freehold	-	-	-	-	-	-	-	-	-	-	-
b) Leasehold	-	-	-	-	-	-	-	-	-	-	-
2 <u>BUILDINGS</u>											
a) On Freehold land	-	-	-	-	-	-	-	-	-	-	-
b) On Leasehold Land	-	-	-	-	-	-	-	-	-	-	-
c) Ownership Flats/Premises	-	-	-	-	-	-	-	-	-	-	-
d) Superstructures on Land not belonging to the entity	-	-	-	-	-	-	-	-	-	-	-
3 <u>PLANT MACHINERY &amp; EQUIPMENT</u>	685,815.00	-	-	-	685,815.00	-	68,581.50	-	68,581.50	617,233.50	685,815.00
4 <u>FURNITURE, FIXTURES</u>	5,583,655.00	20,533.00	272,554.00	-	5,876,942.00	5,310,940.31	64,458.70	-	5,375,399.01	501,542.99	272,914.69
5 <u>OFFICE EQUIPMENT</u>	3,830,210.00	-	8,075.00	-	3,838,285.00	1,863,834.08	197,041.34	-	2,060,875.42	1,777,409.58	1,966,375.92
6 <u>COMPUTER/PERIPHERALS</u>	2,051,185.00	-	-	-	2,051,185.00	1,792,092.60	38,863.86	-	1,830,956.46	220,228.54	259,092.98
7 <u>ELECTRIC INSTALLATIONS</u>	3,997,098.00	-	135,844.00	-	4,132,942.00	3,661,909.41	241,866.35	-	3,903,775.76	229,166.24	335,188.59
8 <u>LIBRARY BOOKS</u>	550,455.00	-	-	-	550,455.00	370,967.00	26,923.20	-	397,890.20	152,564.80	179,488.51
9 <u>TUBEWELLS &amp; W. SUPPLY</u>	1,939,524.00	18,112.00	315,846.00	-	2,273,482.00	1,708,752.20	244,064.08	-	1,952,836.28	320,645.72	230,771.85
10 <u>OTHER FIXED ASSETS</u>	370,305.00	-	-	-	370,305.00	18,048.00	229.05	-	18,277.05	1,297.95	1,527.12
<b>TOTAL OF CURRENT YEAR (A)</b>	19,028,022.00	-	732,319.00	-	19,798,986.00	14,998,519.83	891,879.22	-	15,890,400.80	3,908,595.20	4,029,503.43
<b>PREVIOUS YEAR (A)</b>	14,649,421.00	-	3,139,872.00	-	17,789,293.00	-	-	-	-	-	-
<b>B. CAPITAL WORK IN PROGRESS</b>											
1 Major Building Works carried out during the year											
2 Advance to HSCC Ltd for construction of building at New Delhi and Boundary work at Ghaziabad Land of MDNIY										13,164,665.00	13,164,665.00
3 Advance to L&DO, Mo.U.D. Govt for acquisition of land in New Delhi by MDNIY										-	-
<b>TOTAL (B)</b>										13,164,665.00	13,164,665.00
<b>TOTAL (A+B)</b>										17,073,250.00	17,194,168.34

(Note to be given as to cost of assets on hire purchase basis included above)

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
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Place:New Delhi



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## SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016

(Amount - Rs.)

	Current Year		Previous Year	
<b>SCHEDULE 9 - INVESTMENTS FROM EARMARKED/ENDOWMENT FUNDS</b>				
<b>A) FDR with SBI</b>				
As per Balance sheet	-		1,672,460.00	
Less: Interest on FDR for 2008-09 transferred to Acct. Int. on G&LE Fund Inv./Dues a/c	-	-	1,672,460.00	-
<b>b) FDR with BOB</b>				
As per Balance sheet	104,000.00		103,609.00	
Less: Fixed Deposit Matured	104,000.00		103,609.00	
Add: New FD	104,000.00	<b>104,000.00</b>	104,000.00	104,000.00
<b>c) TDS Eemption Claim</b>				
As per last Balance sheet	115,637.00		157,187.00	
Add: Deducted from Interest on FDR	-		-	
Less: Claim received during the year	12,500.00	<b>103,137.00</b>	41,550.00	115,637.00
<b>TOTAL</b>		<b>207,137.00</b>		219,637.00

	Current Year		Previous Year	
<b>SCHEDULE 10 - INVESTMENTS - OTHERS</b>				
1 In Government Securities	-		-	
2 Other Approved Securities	-		-	
3 Shares	-		-	
4 Debentures and Bonds	-		-	
5 Subsidiaries and Joint Ventures	-		-	
6 Others (to be specified)	-		-	
<b>TOTAL</b>		-		-

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
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## SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016

(Amount - Rs.)

		Current Year		Previous Year	
<b>SCHEDULE 11 - CURRENT ASSETS, LOANS, ADVANCES ETC</b>					
<b>A. CURRENT ASSETS</b>					
<b>a) Security Deposit as Asset</b>					
As per the last Balance Sheet	513,112.00		513,112.00		
Add: Paid during the year	-		-		
Less: Recovered during the year	-	513,112.00	-		513,112.00
<b>b) Premium on GSAI</b>					
As per the last Balance Sheet	24,910.00		24,458.00		
Add: Paid during the year	50,619.00		48,664.00		
Less: Recovered during the year	49,119.00	26,410.00	(48,212.00)		24,910.00
<b>c) Cash In hand</b>					
Imprest Cash	-	-	-		-
<b>d) Cash at Bank</b>					
PNB, Sansad Marg	4,611,983.42		9,276,728.40		
BoB, Nirman Bhawan	10,715,899.05		32,887,735.05		
SBI, Nirman Bhawan (Main A/c)	2,875.65		2,763.65		
SBI, Nirman Bhawan (Project A/c)	6,774.00	15,337,532.12	6,511.00		42,173,738.10
<b>e) Bank Instrument</b>					
Postal Orders		280.00			220.00
<b>f) TDS Recoverable</b>					
Year 2011-12		43,091.00			43,091.00
<b>g) Sundry Debtors</b>					
		-			-
<b>h) MDNIY Employees CPF</b>					
		229,729.00			229,729.00
<b>TOTAL (A)</b>		<b>16,150,154.12</b>			<b>42,984,800.10</b>

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
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(Dr. I.V. Basavaraddi)  
Director

Date: 30.06.2016

Place: New Delhi

# MORARJI DESAI NATIONAL INSTITUTE OF YOGA

(An autonomous Institute under Ministry of AYUSH, Govt of India)

68, Ashok Road, New Delhi-110 001

## SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016

(Amount - Rs.)

	Current Year		Previous Year	
<b>SCHEDULE 11 - CURRENT ASSETS, LOANS, ADVANCES ETC</b>				
<b>a) Loans &amp; Advances</b>				
<b>i) Official Advances</b>				
<b>Contingent Advance under Plan Head</b>				
As per the last Balance Sheet	583,691.00		263,598.00	
Add: Paid during the year	1,410,071.00		2,837,952.00	
Less: Recovered during the year	1,483,659.00	510,103.00	(2,517,859.00)	583,691.00
<b>Contingent Advance under Non-Plan Head</b>				
As per the last Balance Sheet	77,457.00		56,851.00	
Add: Paid during the year	320,230.00		278,133.00	
Less: Recovered during the year	291,339.00	106,348.00	(257,527.00)	77,457.00
<b>Contingent Advance under Specific Fund Head</b>				
As per the last Balance Sheet	-		7,881.00	
Add: Paid during the year	-		-	
Less: Recovered during the year	-	-	7,881.00	-
<b>ii) Personal Advances</b>				
<b>Festival Advances</b>				
As per the last Balance Sheet	53,550.00		35,400.00	
Add: Paid during the year	94,500.00		112,500.00	
Less: Recovered during the year	94,050.00	54,000.00	(94,350.00)	53,550.00
<b>LTC Advances</b>				
As per the last Balance Sheet	10,200.00		41,800.00	
Add: Paid during the year	315,750.00		147,635.00	
Less: Recovered during the year	209,950.00	116,000.00	(179,235.00)	10,200.00
<b>Scooter Advances</b>				
As per the last Balance Sheet	115,000.00		114,000.00	
Add: Paid during the year	-		30,000.00	
Less: Recovered during the year	36,000.00	79,000.00	(29,000.00)	115,000.00
<b>TA/DA Advances</b>				
As per the last Balance Sheet	109,480.00		112,480.00	
Add: Paid during the year	-		-	
Less: Recovered during the year	-	109,480.00	(3,000.00)	109,480.00
<b>Advance on others</b>				
As per the last Balance Sheet	2,830.11		2,830.11	
Add: Paid during the year	-		-	
Less: Recovered during the year	-	2,830.11	-	2,830.11
<b>Advance to Outsiders</b>				
As per the last Balance Sheet	6,031,921.00		5,432,472.00	
Add: Paid during the year	2,083,930.00		600,000.00	
Less: Recovered during the year	151,188.00	7,964,663.00	(551.00)	6,031,921.00
<b>b) Accrued Interest on G&amp;LE Fund Investment/Dues</b>				
As per the last Balance Sheet	-		575,045.00	
Add: Paid during the year	-		-	
Less: Received during the year	-	-	(575,045.00)	-
Advance To HSCC A/c (Plan)		101,040,923.00		101,040,923.00
Advance To L & DO A/c (Plan)		4,936,225.15		4,936,225.15
other advances		210,558.00		319,064.00
Advance to NFDC		2,613,740.00		
<b>TOTAL (B)</b>		<b>117,743,870.26</b>		<b>113,280,341.26</b>
<b>TOTAL (A+B)</b>		<b>133,894,024.00</b>		<b>156,265,141.36</b>

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date: 30.06.2016

Place: New Delhi



## MORARJI DESAI NATIONAL INSTITUTE OF YOGA

(An autonomous Institute under Ministry of AYUSH, Govt of India)

68, Ashok Road, New Delhi-110 001

### SCHEDULES FORMING PART OF INCOME & EXPENDITURE FOR THE YEAR ENDED 31.03.2016

	Plan		Non-Plan (Amount - Rs.)	
	Current Year	Previous Year	Current Year	Previous Year
<b>SCHEDULE 12 - INCOME FROM SALES/SERVICE</b>				
a) Sale of Prospectus	189,800.00	98,900.00	-	-
b) Sale of Tender Papers	4,000.00	3,500.00	-	-
c) Registration Charges	10,702,225.00	7,294,975.00	-	-
d) Publications	231,536.00	404,512.00	-	-
e) Photocopy Receipts	11,938.00	24,495.00	-	-
f) Purchase & Sale of Yoga Articles	212,735.00	157,379.00	-	-
g) IT Material on Yoga	-	-	-	-
h) Workshop Receipts	-	30,000.00	-	-
i) Laboratory Receipts	-	11,796.00	-	-
j) Library membership fee	12,635.00	9,500.00	-	-
k) Workshop for Children charges	-	50,000.00	-	-
l) Misc. Income	-	-	-	-
<b>TOTAL</b>	<b>11,364,869.00</b>	<b>8,085,057.00</b>	<b>-</b>	<b>-</b>

	Plan		Non-Plan (Amount - Rs.)	
	Current Year	Previous Year	Current Year	Previous Year
<b>SCHEDULE 13 - GRANTS/SUBSIDIES</b>				
(Irrevocable Grants & Subsidies Received)				
B/F Unspent Grants of Previous year	-	92,344,143.41	-	694,710.29
Add: Grant-in-Aid received from M/O H&FW Govt. of India	18,250,000.00	1,574,000.00	41,255,000.00	39,308,000.00
Add: Transferred from Sundry Fund (Plan)	-	-	-	-
Add: Transferred from Sundry Fund (Non-Plan)	-	-	-	-
Less: Trf to Fixed Assets Fund	-	-	-	-
Less: Transferred to Sundry Fund (Plan)	-	-	-	-
Less: Trf to MHFW Grant Carry & B/F (Plan)	-	-	-	-
Less: Trf to MHFW Grant Carry & B/F (Non-Plan)	-	-	-	-
<b>TOTAL</b>	<b>18,250,000.00</b>	<b>93,918,143.41</b>	<b>41,255,000.00</b>	<b>40,002,710.29</b>

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date: 30.06.2016

Place: New Delhi

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## SCHEDULES FORMING PART OF INCOME & EXPENDITURE FOR THE YEAR ENDED 31.03.2016

(Amount - Rs.)

	Plan		Non-Plan	
	Current Year	Previous	Current Year	Previous Year
<b>SCHEDULE 14 - FEES/SUBSCRIPTION</b>				
1 NYW 2015 Reg Charges	-	694,850.00	-	-
2 Examination Fees	71,550.00	43,475.00	-	-
3 B. Sc. (Yoga Science)	398,000.00	260,000.00	-	-
4 Diploma Fees	1,138,250.00	565,750.00	-	-
5 Medical Fees	29,250.00	6,400.00	-	-
6 I. Card Fees	-	-	-	<b>100.00</b>
<b>TOTAL</b>	<b>1,637,050.00</b>	<b>1,570,475.00</b>	<b>-</b>	<b>100.00</b>
<b>Note</b> : Accounting Policies towards each item are to be disclosed				

	Investment from Earmarked Funds		Investment - others	
	Current Year	Previous Year	Current Year	Previous Year
<b>SCHEDULE 15 - INCOME FROM INVESTMENTS</b>				
(Income on Invest. From earmarked/endowment funds transferred to Funds)				
1) Interest				
a) On Govt. Securities (FD)	-	-	-	-
b) Other Bonds/Debentures	-	-	-	-
2) Dividends				
a) On Shares	-	-	-	-
b) On Mutual Fund Securities	-	-	-	-
3) Rents	-	-	-	-
4) Others (Specify)	-	-	-	-
<b>TOTAL</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>TRANSFERRED TO EARMARKED / ENDOWMENT FUNDS</b>	<b>-</b>	<b>-</b>		

(Anshuman Kumar Jha)  
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(Dr. Rakesh Kumar)  
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(Dr. I.V. Basavaraddi)  
Director

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**MORARJI DESAI NATIONAL INSTITUTE OF YOGA**  
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**SCHEDULES FORMING PART OF INCOME & EXPENDITURE FOR THE YEAR ENDED 31.03.2016**

(Amount - Rs.)

	Plan		Non-Plan	
	Current Year	Previous Year	Current Year	Previous Year
<b>SCHEDULE 16 - INCOME FROM ROYALTY, PUBLICATION ETC</b>				
1) Income from Royalty	-	-	-	-
2) Income from Publication	-	-	-	-
3) Others (Specify)-DISCOUNT		-	-	1,000
<b>TOTAL</b>	-	-	-	1,000

	Plan		Non-Plan	
	Current Year	Previous Year	Current Year	Previous Year
<b>SCHEDULE 17 - INTEREST EARNED</b>				
1) Interest on Earmarked Investment				
2) Less: Tif to due from MHFW A/c	-	-	-	-
3) Interest on SB A/c Deposit	1,483,220.00	3,408,764.00	-	-
4) Interest on Personal Loan	-	-	-	-
5) Interest on FD	9,479.00		-	755.00
6) Others Interest	-	-	252.00	2,600.00
<b>TOTAL</b>	1,492,699.00	3,408,764.00	252.00	3,355.00
<b>Note:</b> Tax Deducted at source to be indicated				

(Anshuman Kumar Jha)  
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(Dr. Rakesh Kumar)  
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# MORARJI DESAI NATIONAL INSTITUTE OF YOGA

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## SCHEDULES FORMING PART OF INCOME & EXPENDITURE FOR THE YEAR ENDED 31.03.2016

(Amount in Rs.)

		Plan		Non-Plan (RS)	
		Current Year	Previous Year	Current Year	Previous Year
<b>SCHEDULE 18 - OTHER INCOME</b>					
1)	Miscellaneous Receipts	25,400.00	20,600.00	-	38.00
2)	RTI Receipts	545.00	50.00	-	-
3)	Penalty Late fees DYS	-	970.00	-	-
4)	Penalty Interest	-	420.00	-	-
5)	Lab Receipt	3,947.00	5,742.00	-	-
6)	Receipt from Booking Hall	15,000.00	35,000.00	-	-
7)	Forfeiture of EMD	-	-	-	1,200.00
8)	Prior period income	-	-	-	93,860.00
9)	Refund of unspent grant a/c	-	1,156,700.00	-	-
10)	Unutilised Grant Received from Adv. Centre	-	-	-	-
11)	Rent received from	3,000.00	5,000.00	-	-
12)	Arogya Mela Amritsar	-	-	-	-
<b>TOTAL</b>		<b>47,892.00</b>	<b>1,224,482.00</b>	<b>-</b>	<b>95,098.00</b>

		Plan		Non-Plan (RS)	
		Current Year	Previous Year	Current Year	Previous Year
<b>SCHEDULE 19 - INCREASE/(DECREASE) IN STOCK OF FINISHED GOODS &amp; WORK IN PROGRESS</b>					
a)	Closing Stock				
	Finished Goods	-	-	-	-
	Work In Progress	-	-	-	-
b)	Less: Opening Stock				
	Finished Goods	-	-	-	-
	Work In Progress	-	-	-	-
<b>NET INCREASE/(DECREASE) [a-b]</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

		Plan		Non-Plan (RS)	
		Current Year	Previous Year	Current Year	Previous Year
<b>SCHEDULE 22 - EXPENDITURE ON GRANTS, SUBSIDIES</b>					
a)	Funds Released to Advance Centres	-	-	-	-
b)	Funds Released to YT&RC	-	-	-	-
c)	Funds Released to YSHP	-	-	-	-
d)	Funds Released to SDYWC	6,670,567.00	31,704,976.00	-	-
e)	Funds Released to FCMGP	-	-	-	-
f)	Funds Released to ICCR	15,000,000.00	-	-	-
<b>TOTAL</b>		<b>21,670,567.00</b>	<b>31,704,976.00</b>	<b>-</b>	<b>-</b>

		Plan		Non-Plan (RS)	
		Current Year	Previous Year	Current Year	Previous Year
<b>SCHEDULE 23 - INTEREST</b>					
a)	On Fixed Loans	-	-	-	-
b)	On Other Loans (including bank Charges)	-	-	-	-
c)	Others (Specify)	-	-	-	-
<b>TOTAL</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

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**MORARJI DESAI NATIONAL INSTITUTE OF YOGA**  
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**SCHEDULES FORMING PART OF INCOME & EXPENDITURE FOR THE YEAR ENDED 31.03.2016**

	Plan (Rs.)			Non-Plan (Rs.)		
	Current Year	Previous Year	Current Year	Previous Year	Current Year	Previous Year
<b>SCHEDULE 20 - ESTABLISHMENT EXPENSES</b>						
1) Salaries						
Pay & Allowances (Arrear Payment)						
Pay & Allowances (Filled up Post)	445,894.00	1,202,348.00	28,701,827.00	28,445,905.00		
Add: Salary Payable	-	-	-	-		
Less: Recoverable/Adjustment of Salary	-	332,090.00	101,241.00	892,293.00		
Less: Payable of Previous Year	-	-	-	-		
	445,894.00	870,258.00	28,600,586.00	27,553,612.00		
2) Bonus	-	-	-	-		
3) Contribution to CP Fund	-	-	-	141,902.00	158,309.00	
4) CPFund Deficit for Previous Year	-	-	-	838,959.00	898,700.00	
5) Remuneration Payment	-	-	-	-		
6) Gratuity	-	-	-	-		
7) Leave Encashment	-	-	25,880.00	2,586,607.00	4,219,845.00	
8) Overtime Allowance	-	-	-	885,649.00	2,151,320.00	
9) LTC Expenses	-	-	-	-		
10) Medical Allowance/Reimbursement	-	-	68,894.00	135,917.00	185,804.00	
11) Children Education Allowance	-	-	-	297,798.00	436,143.00	
12) Honorarium	-	-	36,000.00	247,685.00	275,870.00	
13) Contractual Salaries & Wages	-	-	-	38,370.00	18,900.00	
14) Leave Salary Contribution	-	-	-	-	-	
15) Pension Contribution(NPS)	36,589.00	431,405.00	431,405.00	385,678.00	1,149,623.00	
<b>TOTAL</b>	482,483.00	1,432,437.00	34,159,151.00	37,048,126.00		

(Anshuman Kumar Jha)  
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	Plan			Non-Plan (Rs.)	
	Current Year	Previous Year		Current Year	Previous Year
	<b>SCHEDULE 21 - OTHER ADMINISTRATION EXPENSES ETC</b>				
1	Contingent & General Expenses	-	-	-	-
2	Liveries Expenses	18,340.00	19,472.00	66,946.00	-
3	Freight & Cartage	-	11,560.00	3,944.00	-
4	Water and Electricity	10,478.00	4,598,031.00	-	-
5	Repair & Matin. (Build)	4,597,803.00	804,803.00	-	-
6	IT Expenses	664,443.00	256,516.00	-	-
7	Advt. & Publicity	102,463.00	-	-	-
8	Postage and Telegram	-	74,769.00	31,021.00	-
9	Printing and Stationery	1,353.00	403,414.00	-	-
10	Telephone	139,894.00	147,084.00	-	-
11	Less: Recovery	130,943.00	-	-	-
12	TA/DA Expenses	217,246.00	395,876.00	53,467.00	40,355.00
13	Conveyance Expenses	-	-	27,032.00	29,832.00
14	Audit Fees/professional fee	-	293,889.00	105,018.00	-
15	TA/DA to Non-official members	89,878.00	210,047.00	-	-
16	Legal fees/Legal service Charges	84,006.00	-	32,500.00	91,130.00
17	AMC Charges	21,496.00	68,551.00	7,500.00	-
18	Bank Charges	9,677.00	14,814.00	1,199.98	2,394.40
19	Newspaper & Periodicals	36,258.00	37,105.00	-	-
20	Hiring charges of Vehicle	-	-	325,352.00	424,536.00
21	Meeting & Refreshment Expenses	55,598.00	84,337.00	12,483.00	-
22	Security Service Charges	289,517.00	2,843,702.00	-	-
23	Accommodation & Hospitality Expenses	11,722.00	38,286.00	-	-
24	Sanitation Expenses	1,091,999.00	986,863.00	-	-

Continue in next page

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25	Interest Paid	-	641.00	-	-	-
26	Lab & Research Exp.	29,710.00	30,057.00	-	-	-
27	Sitting Charges	42,000.00	39,500.00	-	5,000.00	-
28	Misc. Expenses	82,613.00	181,626.00	-	21,172.00	-
29	National Yoga Week Expenses	-	3,445,448.00	-	-	-
30	Hostel Stipand(BSC+DYSC 2015-16)	792,100.00	453,485.00	-	-	-
31	Renovation & Beautification Expenses	-	14,880.00	-	59,706.00	-
32	Scholarship & Fellowship	507,948.00	146,905.00	-	-	-
33	Contractual Salaries & Wages	15,570,027.00	11,605,178.00	-	786,251.00	1,507,879.00
34	Yoga Articles Purchase	319,834.00	236,970.00	-	-	-
35	Foreign Travel Expenses	521,494.00	950,324.00	-	-	-
36	Arogya Mela Expenses	2,010,006.00	1,041,350.00	-	-	-
37	Publication Expenses	1,098,939.00	705,325.00	-	-	-
38	Internet Charges	-	8,930.00	-	-	-
39	Transportation Charges	-	20,197.00	-	-	-
40	NSDL expenses	-	-	-	-	1,708.00
41	Remuneration	126,464.00	-	-	-	-
42	Workshop Expenses (Month End-Childr	-	3,080.00	-	-	-
43	Bi-Monthly Expert Lecture	17,854.00	37,934.00	-	-	-
44	Cert. Course in Pranayam & Meditatio	24,160.00	24,760.00	-	-	-
45	Cert. Course in Yoga Sci. for Paramilit	29,762.00	14,400.00	-	-	-
46	Cert. Course in Yogasan	31,800.00	13,090.00	-	-	-
47	Children Yoga Workshop Exp.	5,200.00	8,098.00	-	-	-
48	Foundation Course in Yoga Science Ex	146,740.00	90,226.00	-	-	-
49	Honorarium to Guest Faculty (B.Sc. Yog	767,400.00	983,000.00	-	-	-
50	Gardening Expense	-	12,540.00	-	-	-
51	Honorarium to Guest Faculty(DYSc.)	176,000.00	287,275.00	-	-	-
52	Honorarium to Non-Official Members	56,814.00	60,700.00	-	-	-
53	Indian Yoga Association	-	1,000,000.00	-	-	-
54	Pancham Swar Exp.	12,340.00	23,251.00	-	-	-

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55	Photography Charges	84,715.00	62,410.00	-	-	-
56	Purchase of CD/DVD's for Library	-	85,232.00	-	-	-
57	Sports Item	-	73,185.00	-	-	-
58	Monitoring Charges-SVDYWC	5,409,264.00	1,705,964.00	-	-	-
59	Stationery Item	282,150.00	192,974.00	-	-	-
60	Training Fee Charges	-	2,000.00	-	-	-
61	WHO-CC EXP.(PLAN)	796,754.00	679,419.00	-	-	-
62	Hindi Pakhwara Expenses/Rajbhasha	309,044.00	36,820.00	-	-	-
63	NYW-2015/2014 Expense	25,298.00	55,000.00	-	-	-
64	WHO-CC Expenses	-	(22,792.00)	-	-	-
65	Depreciation	891,882.08	1,291,482.46	-	-	-
66	Subscription for books & periodicals	71,232.00	40,884.00	-	-	-
67	Fuel Charges	-	18,404.00	-	-	-
68	IDY EXPENSES	226,012.00	-	-	-	-
69	SAMARPAN DHYAN YOGA SHIWIR EXP.	1,524,596.00	-	-	-	-
70	Yoga Fusion Programme	24,798.00	-	-	-	-
	<b>TOTAL</b>	39,588,064.08	36,949,271.46	-	1,538,591.98	2,103,834.40

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016  
Place:New Delhi

# MORARJI DESAI NATIONAL INSTITUTE OF YOGA

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## SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE PERIOD ENDED 31.03.2016

### SCHEDULE 24 - SIGNIFICANT ACCOUNTING POLICIES

#### 1 ACCOUNTING CONVENTION

The financial Statement are prepared on the basis of cash method of accounting. Both grants received and expenses incurred during the year has been recorded on cash basis.

#### 2 FIXED ASSETS

5.1 Fixed Assets are stated at cost of acquisition inclusive of inward freight, duties and taxes and incidental and direct expenses related to acquisition. In respect of projects involving construction, related pre-operational expenses (including interest on loans for specific project prior to its completion), form part of the value of the assets capitalized.

5.2 Fixed Assets received by way of non-monetary grant, (other than towards the Corpus Fund), are capitalized at values stated, by corresponding credit to Capital Researves.

#### 3 DEPRECIATION

3.1 Depreciation is provided on WDV method as per rates specified in the Income Tax Act, 1961

3.2 In respect of additions to/ deductions from fixed assets during the year, depreciation has been provided as allowable uncer income tax Act 1961.

3.3 Depreciation on Purchase of Assets costing Rs.5,000 or less during the year has been provided in full i.e. 100% depreciation has been provided.

#### 4 GOVERNMENT GRANT/SUBSIDIES

4.1 Government grants of the nature of contribution towards capital cost of settig up projects are treated as Capital Reserves

4.2 Grants in respect of specific fixed assets acquired are shown as a deduction from the cost of the related assets

4.3 Government grants/subsidy are accounted on realization basis.

#### 5 RETIREMENT BENEFITS

5.1 Liability towards gratuity payable on death/retirement of employee has not been created. Gratuity is being paid as well as claim is being made by the employee.

5.2 Provision for accumulated leave enchasment benefit to the employees has not been accrued and computed on the assumption that employees will be paid the amount of accumulated leave encashment as the time of retirement.

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016

Place:New Delhi

# MORARJI DESAI NATIONAL INSTITUTE OF YOGA

(An autonomous Institute under Ministry of AYUSH, Govt of India)

68, Ashok Road, New Delhi-110 001

## SCHEDULE 25 - CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS

### 1 CONTINGENT LIABILITIES

- 1.1 Claims against the Entity not acknowledged as debts - ...Nil. (previous year Rs Nil.)
- 1.2 In respect of -
- Bank guarantees given by/on behalf of the entity Rs Nil (Previous Year Rs...Nil.)
  - Letters of Credit opened by bank on behalf of the entity Rs...Nil. (Previous Year Rs...Nil..)
  - Bills Discounted with banks Rs...Nil. (Previous Year Rs...Nil.)
- 1.3 Disputed demands in respect of:
- Income Tax Rs...Nil. (Previous Year Rs...Nil)
- Sales Tax Rs...Nil (Previous Year Rs...Nil.)
- Municipal Taxes Rs...Nil (Previous Year RsNil)
- TDS:- as per details given below
- |            |             |
|------------|-------------|
| FY 2014-15 | = 38692.54  |
| FY 2013-14 | = 160954.56 |
| FY 2012-13 | = 438709.30 |
| FY 2011-12 | = 6839.00   |
| FY 2010-11 | = 398171.80 |
| FY 2009-10 | = 20494.00  |
| FY 2008-09 | = 3200.00   |
- 1.4 In respect of claims from parties for non-execution of orders, but contested by the Entity Rs...Nil.  
(Previous Year Rs...Nil)

### 2 CAPITAL COMMITMENTS

Estimated value of contracts remaining to be executed on capital account and not provided for (net of advances) Rs Nil (Previous Year Rs...Nil)

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016

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### 3 LEASE OBLIGATION

Future obligation for rentals under finance lease arrangements for plant and machinery amount to Rs...Nil.  
(Previous Year Rs...Nil)

### 4 CURRENT ASSETS, LOANS AND ADVANCES

In the opinion of the Management, the current assets, loans and advances have a value on realization in the ordinary course of business, equal atleast to the aggregate amount shown in the Balance Sheet

### 5 FIXED ASSETS

Upto FY 2013-14, Depreciation has been adjusted with fixed assets reserve fund maintained. During the current year Depreciation has not been adjusted with fixed assets reserve fund and charged to profit and loss account.

### 6 INVESTMENT

As per Schedules.

### 7 Current Liabilities

As per Schedules.

8 Corresponding figures for the previous year have been regrouped/rearranged, whenever necessary

9 Schedules 1 to 25 are annexed to and form an integral part of Balance Sheet as at 31.03.2016. And the Income & Expenditure Account for the year ended on that date.

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016

Place:New Delhi

**MORARJI DESAI NATIONAL INSTITUTE OF YOGA**  
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RECEIPT AND PAYMENT ACCOUNT FOR THE YEAR ENDED 31.03.2016 (AMOUNT-Rs.)					
RECEIPTS		Current Year	Previous Year	PAYMENTS	
		Current year	Previous Year		
<b>Opening Balances</b>					
Cash-in-Hand		-	-		
Cash-at-Bank					
SBI, Nirman Bhawan (Main A/c)		2,763.65	2,649.65		
SBI, Nirman Bhawan (Project A/c)		6,511.00	6,262.00		
Bank of Baroda, Nirman Bhawan		32,887,735.05	88,573,770.05		
PNB, Sansad Marg		9,276,728.40	7,420,892.80		
		<b>42,173,738.10</b>	<b>96,003,574.50</b>		
<b>NON-PLAN</b>				<b>NON-PLAN</b>	
<b>I. Opening Balances</b>				<b>I. Expenses</b>	
(Cash & Bank balances as above)		780,461.89	694,710.29	<b>a) Establishment Expenses</b>	
<b>II. Grants Received</b>				Pay & Allowance (Filled up Post)	19,050,720.00
From Ministry of Health				Contractual Salaries & Wages	786,251.00
& F.W., Govt. of India		<b>41,255,000.00</b>	39,308,000.00	Festival Advance	94,500.00
<b>III. Income on Investments from</b>				LTC Advance	115,948.00
a) From Earmarked/Endow. Funds		-	-	Premium on GSAI	50,619.00
b) Own Funds (Other Investment)		-	-	Bonus	141,902.00
<b>IV. Interest Received</b>				Contribution to CP Fund	-
On Bank Deposits		-	-	CPF Subscription	5,297,270.00
Interest received as Penalty		-	420.00	Gratuity	2,586,607.00
Interest from Gratuity & Leave Encashment		-	-	NPS Contribution	390,014.00
Interest on FD		-	-	Leave Encashment	885,649.00
<b>V. Other Income</b>				Employers Contribution of CPF Payable	838,959.00
Pay Recovery		-	-	LTC Expenses	125,769.00
Miscellaneous Receipts		300.00	-	Medical Reimbursement	297,798.00
RTI Receipt		485.00	-	Children Education Allowance	247,685.00
GSLI		213,400.00	-	GSF Payment	289,666.00
				GSLI	185,329.00
				GPF Subscription	165,000.00
				TDS ON SALARY	1,424,180.00
				Employees subs to NPS	390,014.00
				CGIES	660.00
				MSWO	1,744,570.00
				PMNRF	13,200.00
				Honorarium	38,370.00
				Pension contribution	-

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(AMOUNT-Rs.)							
	RECEIPTS	Current Year	Previous Year		PAYMENTS	Current year	Previous Year
VII.	<u>Any other receipts</u>	-	-	b)	<b>Other Administrative Expenses</b>		
					Contingent & General Expenses	8,000.00	-
					Liveries Expenses	66,946.00	-
VIII	<u>Any other Items</u>				Freight & Cartage	1,729.00	
	GSLI payable	-	297,455.00		AMC Charges	7,500.00	-
	Pay and Allowance'	-	41,003.00		Professional Charges	51,363.00	
	Round off	0.11	-		Postage & Telegram	31,021.00	-
	TDS outsiders	46,396.00			Training Fees	-	2,000.00
					P.M. National relief fund	-	4,400.00
					Audit Fees	53,655.00	
					TDS OUTSIDERS	46,506.00	
					Conveyance Expenses	27,032.00	29,902.00
					Legal Fees	32,500.00	91,130.00
					TA/DA to Non Official Members	53,467.00	40,355.00
					Bank Charges	1,199.98	2,394.40
					Newspaper & Periodical	36,258.00	37,105.00
					Hiring Charges of Vehicle	325,352.00	417,914.00
					Meeting & Refreshment Expenses	10,207.00	-
					NSDL charges	-	1,708.00
					Misc. Expenses	7,795.00	-
					Contingent Advance under Non Plan Head	96,532.00	274,490.00
					Accommodation	-	33,969.00
					Sitting Charges	2,000.00	4,500.00
						-	-
				III	<u>Other Payments</u>	-	-
					Claim Payable	-	18,364.00
					Advance to outsider	8,950.00	25,823.00
					Round off	0.02	-
					<b>TOTAL (Non-Plan) (I - VII)</b>	<b>36,028,693.00</b>	<b>39,561,126.40</b>
					<b>Closing Balance (Non-Plan)</b>	<b>6,267,350.00</b>	<b>780,461.89</b>
	<b>Total (Non-Plan) (I - VIII)</b>	<b>42,296,043.00</b>	<b>40,341,588.29</b>		<b>Total (Non-Plan)</b>	<b>42,296,043.00</b>	<b>40,341,588.29</b>

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(AMOUNT-Rs.)							
	<b>RECEIPTS PLAN</b>	Current Year	Previous Year		<b>PAYMENTS PLAN</b>	Current year	Previous Year
<b>I.</b>	<b>Opening Balances</b>			<b>I</b>	<b>Expenses</b>		
	(Cash & Bank balances as above)	40,061,931.41	92,344,143.41	<b>a)</b>	<b>Establishment Expenses</b>		
<b>II.</b>	<b>Grants Received</b>				Salary	-	18,000.00
	Min. of Health & F.W., Govt. of India	<b>18,250,000.00</b>	1,574,000.00		Pay & Allowance (Arrear Payment)		
<b>III.</b>	<b>Income on Investments from</b>				Pay & Allowance (Filled up Post)	348,285.00	595,394.00
	a) From Earmarked/Endow. Funds	-	-		LTC	-	68,894.00
	b) Own Funds (Other Investment)	-	-		Remuneration Payment	112,704.00	201,242.00
<b>IV.</b>	<b>Interest Received</b>				Children Education Allowance	-	36,000.00
	On Bank Deposits	1,483,220.00	3,408,764.00		Honorarium to faculty (BYSC and DYSC)	<b>943,400.00</b>	1,323,775.00
<b>V</b>	<b>Other Income</b>				Honorarium to Non-official	143,000.00	
	Miscellaneous receipts	25,400.00	20,638.00		NPS Contribution	21,385.00	435,893.00
	Penalty Late Fees DYS	-	970.00		Employee subs to NPS plan	37,789.00	435,893.00
	Receipt from Booking Hall	15,000.00	35,000.00		TDS on Salary	40,741.00	
	Lab Receipt	3,947.00	11,796.00		Leave Encashment	-	25,880.00
	B Sc (Yoga Science)	398,000.00	260,000.00		<b>Other Administrative Expenses</b>		
	I Card Fee	-	100.00	<b>b)</b>	Contingent & General Expenses		
	Workshop Receipts	-	80,000.00		Yoga Class Expenses/yoga uniform	-	113,280.00
	Diploma Fee	1,138,250.00	565,750.00		Freight & Cartage	8,583.00	10,705.00
<b>VI</b>	Employees subscription of NPS	-	330,460.00		Water Expenses	554,564.00	4,594,631.00
<b>VII</b>	<b>Any other receipts</b>				Yoga Diploma Course Expenses	-	-
	Sale of Prospectus	189,800.00	98,900.00		Workshop on Yoga	-	3,080.00
	Rent received from Cafeteria	3,000.00			National Yoga Week Expenses	-	-
	Registration Charges	10,702,225.00	7,294,975.00		Subscription to Books and Periodicals	71,232.00	
	Publications	231,536.00	404,512.00		Bsc Sec.	30,000.00	
	Photocopy Charges	11,938.00	24,495.00		Conveyance Expenses	-	
	Purchase & Sale of Yoga Articles	212,735.00	157,379.00		Hiring of Vehicle Charges	-	6,622.00
	Accrued Interest on FD	9,479.00			TA/DA Expenses	<b>181,610.00</b>	382,001.00
	Examination fees receipts	71,550.00	43,475.00		Lab Research Expenses	29,710.00	21,704.00
	Library member ship Fees	11,000.00	9,500.00		Repair & Maintenance(Build.)	-	30,788.00
	Library Books Overdue Charges	1,635.00			Bi-Monthly Expert Lecture Expn.	7,481.00	34,409.00
	Penalty Interest Received	252.00			Publication Expenses	1,098,939.00	705,325.00
	GSF Payable	-	12,314.00		Electricity Charges	4,043,239.00	
	Refund of Unspent Grants	-	1,156,700.00		Bank charges	9,677.00	14,814.00
					TA/DA to Non-Official Members	57,963.00	119,965.00
					Internet Expenses	-	8,930.00
					Accommodation & Hospitality Expenses	11,722.00	
					Indian Yoga Association	-	1,000,000.00
					IT Expenses	102,463.00	256,516.00

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	RECEIPTS	Current Year	Previous Year	PAYMENTS	Current year	Previous Year	(AMOUNT-Rs.)
	<b>PLAN</b>			<b>PLAN</b>			
	Medical Fees DYS	29,250.00	6,400.00	AMC Charges	21,496.00	68,551.00	
	Subscription Yoga Vijnana	-	-	Hostel stipend Charges	792,100.00	453,485.00	
				Meeting & Refreshment Expenses	53,934.00	77,411.00	
	Interest on FD	-	9,755.00	Renovation & Beautification Expenses	38,306.00	14,880.00	
VIII	<b>Any other items</b>			Contractual Salaries & Wages	15,570,027.00	11,403,936.00	
	Security Deposit with NDMC	7,500.00	-	Security Service Charges	289,517.00	2,843,702.00	
	Sundry Creditors	-	22,984.00	Sitting Charges	31,500.00	13,500.00	
	Scooter/Car Advance	14,000.00	-	Misc. Expenses	54,330.00	171,703.00	
	Official Advance	-	-	Purchase & Sale of Yoga Articles & Sports ite	311,959.00	195,562.00	
	Sale of Tender paper	4,000.00	3,500.00	Foreign Travel	521,017.00	950,324.00	
	Rent Received from cafeteria	-	5,000.00	Interest	-	641.00	
	Employer's contribution of NPS	8,672.00	7,376.00	Postage Expense	1,353.00	74,769.00	
	Employees subscription of NPS Plan	1,200.00	839,387.00	Printing & Stationery	413,484.00	591,843.00	
	Premium of GSAI	651.00	-	Sanitation Expenses	1,080,589.00	973,556.00	
	Post Office Against RTI	-	1,387.00	Audit Fees	-	-	
	TDS on salary	-	741.00	Professional Charges	-	293,889.00	
	T D S on Outsider	-	733,149.00	photography charges	84,715.00	62,410.00	
				Legal Fees	84,006.00	-	
				Fellowship and Scholarship Expenses	507,948.00	146,905.00	
				Liveris Expenses	-	19,472.00	
				pancham swar exp	2,820.00	23,251.00	
IX	<b>Amount received against funds for various projects</b>				-	-	
	Funds received from SVDYWC	276,212.00	-	Transportation Charges	-	20,197.00	
	Recd unspent amount from Arogya Mela	-	-	International Yoga Day Expenses	226,012.00	-	
				Repair and Maintenance	550,252.00	701,789.00	
				Telephone Expense	130,943.00	147,084.00	
				Monitoring Charges	5,409,264.00	1,705,964.00	
				Cert. cources'	83,862.00	50,450.00	
				Gardening Exp.	-	12,540.00	
				Children Yoga expn	5,200.00	8,098.00	
				prize money	-	9,000.00	
				fuel exp	-	18,404.00	
				Foundation Course in Yoga Sci.	146,740.00	90,226.00	
				Hindi Rajsabha	-	14,000.00	
				purchase of CD/DVD	-	85,232.00	

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RECEIPTS		PAYMENTS		(AMOUNT-Rs.)	
PLAN		PLAN		Current year	Previous Year
<b>Current Assets</b>					
TDS exemption claim	12,500.00				
Loans and Advances	-				
Library Books	-				
Rounded Off	0.59				
Director National Bai Bhawan (Recovery)	126,720.00				
Discount received	-				
Library Books overdue charges	5,742.00				
NYW-2015 Registration Fee	-				
Interest on TDS fixed deposits	-				
				15,000,000.00	197,238.00
				264,666.00	99,000.00
				8,075.00	-
				-	128,888.00
				135,844.00	68,210.00
				286,118.00	-
				1,655,411.00	808,226.00
				796,754.00	505,357.00
				31,298.00	2,542,451.00
				-	-
				2,131,080.00	995,129.00
				2,613,740.00	
				1,524,596.00	
				24,798.00	
				1,435,196.00	
				13,163.00	184,800.00
				675,892.00	39,400.00
				460,000.00	
				-	3,754,295.00
				-	30,000.00
				127,653.00	22,820.00
				6,946,779.00	31,704,976.00
				-	-
				68,396,924.00	72,767,305.00
				4,904,680.00	40,061,931.41
<b>TOTAL (PLAN)</b>	<b>73,301,604.00</b>			<b>73,301,604.00</b>	<b>112,829,236.41</b>

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	RECEIPTS	Current Year	Previous Year	PAYMENTS	Current year	(AMOUNT-Rs.) Previous Year
	<b>SPECIFIC FUND &amp; CURRENT LIABILITY</b>			<b>SPECIFIC FUND &amp; CURRENT LIABILITY</b>		
	<b>Opening Balances</b>					
	(C.B. of Sp. Fund & Current Liability)	1,331,344.80	2,964,720.80	Earmarked / Endowment Fund	-	-
	WHO Project Fund	271,533.00	1,171,520.00	CME-ROTP Programme Fund	-	-
	BSC Yoga Sciences security Deposit	5,000.00	260,000.00	WHO Project Fund	-	1,095,071.00
	Caution Money of Students Dycs 2014-15	287,000.00	260,000.00	BSC Yoga Security Deposit	194,000.00	5,000.00
	Caution Money of Students	2,000.00	4,000.00	Caution Money of Students	-	138,000.00
	Earnest Money Deposit	690,000.00	220,000.00	Earnest Money Deposit	-	400.00
	Security Deposit as Liability	79,200.00	108,000.00	Security Deposit as Liability	14,000.00	90,000.00
	Misc. Receipts / Payments	-	-	Misc. Receipts / Payments	-	-
	T D S on Salary	-	7,750.00	T D S on Salary	-	1,479,533.00
	T D S on Outsider	1,410,377.00	100,974.00	T D S on Outsider	-	879,768.00
	T D S Received from Income Tax	-	-	Investment in FDR	104,000.00	104,000.00
	Interest on FD	-	-	Honorarium under specific fund	167,952.00	-24,952.00
	Forfeiture of EMD	-	1,200.00	Round off	0.68	-
	Honorarium	265,000.00	-	<b>Total</b>	<b>479,952.68</b>	<b>3,766,820.00</b>
	Investment in FDR Matured	104,000.00	-	<b>C.B. of Sp. Fund &amp; Current Liability</b>	<b>4,165,502.12</b>	<b>1,331,344.80</b>
	University Charges Payable	200,000.00	-	<b>TOTAL OF SP. FUND &amp; CURRENT LIABILITY</b>	<b>4,645,454.80</b>	<b>5,098,164.80</b>
	<b>TOTAL OF SP. FUND &amp; CURRENT LIABILITY</b>	<b>4,645,454.80</b>	<b>5,098,164.80</b>	<b>TOTAL PAYMENTS</b>	<b>104,905,569.68</b>	<b>116,095,251.40</b>
	<b>TOTAL RECEIPTS</b>	<b>120,243,101.80</b>	<b>158,268,989.50</b>	<b>CLOSING BALANCE</b>		
				Cash-in-Hand	-	-
				<b>Cash-at-Bank:</b>		
				SBI, Nirman Bhawan (Main A/c)	2,875.65	2,763.65
				SBI, Nirman Bhawan (Project A/c)	6,774.00	6,511.00
				Bank of Baroda, Nirman Bhawan	10,715,899.05	32,887,735.05
				PNB, Sansad Marg	4,611,983.42	9,276,728.40
	<b>GRAND TOTAL (NON-PLAN + PLAN+CL)</b>	<b>120,243,101.80</b>	<b>158,268,989.50</b>	<b>GRAND TOTAL (NON-PLAN + PLAN+CL)</b>	<b>120,243,101.80</b>	<b>158,268,989.50</b>

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016  
Place:New Delhi

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## BALANCE SHEET OF MDNIY EMPLOYEES CP FUND AS ON 31.03.2016

(Amount - Rs.)

<b>CORPUS/CAPITAL FUND AND LIABILITIES</b>	<b>Schedule</b>	<b>Current Year</b>	<b>Previous Year</b>
CORPUS/CAPITAL FUND	1	52,471,188.00	55,573,066.00
RESERVES AND SURPLUS	2	4,124,572.54	3,084,719.64
EARMARKED/ ENDOWMENT FUNDS	3	-	-
SECURED LOANS AND BORROWINGS	4	-	-
UNSECURED LOANS AND BORROWINGS	5	-	-
DEFERRED CREDIT LIABILITIES	6	-	-
CURRENT LIABILITIES AND PROVISION	7	229,711.00	229,711.00
<b>TOTAL</b>		<b>56,825,471.54</b>	<b>58,887,496.64</b>
<b>ASSETS</b>			
FIXED ASSETS	8	-	-
INVESTMENTS - FROM EARMARKED / ENDOWMENT FUNDS	9	43,777,352.45	44,263,712.45
INVESTMENTS - OTHERS	10	-	-
CURRENT ASSETS, LOANS, ADVANCES ETC.	11	13,048,119.09	14,623,784.19
MISCELLANEOUS EXPENDITURE (to the extent not written off or adjusted)			
<b>TOTAL</b>		<b>56,825,471.54</b>	<b>58,887,496.64</b>
SIGNIFICANT ACCOUNTING POLICIES	24	-	-
CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS	25		

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016

Place:New Delhi



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**INCOME AND EXPENDITURE ACCOUNT OF MDNIY CP FUND FOR THE YEAR ENDED 31.03.2016**

(Amount Rs.)

<b><u>INCOME</u></b>	<b>Schedule</b>	<b>Current Year</b>	<b>Previous Year</b>
Income from Sales/Services	12	-	-
Grants/Subsidies	13	-	-
Fees/Subscription	14	-	-
Income from Investments (Income on Invest. from Earmarked/ Endow. Funds transferred to Funds)	15	-	-
Income from Royalty, Publications etc	16	-	-
Interest Earned	17	5,374,155.90	6,061,214.89
Other Income	18	-	-
Increase/(Decrease) in stock in Finished goods and works in progress	19		
<b>TOTAL (A)</b>		<b>5,374,155.90</b>	<b>6,061,214.89</b>
<b><u>EXPENDITURE</u></b>			
Establishment Expenses	20	-	-
Other Administrative Expenses etc	21	-	232.00
Expenditure on Grants, Subsidies etc	22	-	-
Interest	23	4,334,303.00	4,533,524.00
Depreciation (Net Total at the year end-corresponding to Schedule 8)			
<b>TOTAL (B)</b>		<b>4,334,303.00</b>	<b>4,533,756.00</b>
<b>Balance being excess of Income over Expenditure (A-B)</b>		<b>1,039,852.90</b>	<b>1,527,458.89</b>
Transfer to Special Reserve (Specify each)		-	-
Transfer to/from General Reserve		-	-
<b>BALANCE BEING SURPLUS/(DEFECIT) CARRIED TO CORPUS/CAPITAL FUND</b>		<b>1,039,852.90</b>	<b>1,527,458.89</b>
SIGNIFICANT ACCOUNTING POLICIES	24		
CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS	25		

(Anshuman Kumar Jha)  
Accountant(Dr. Rakesh Kumar)  
DDO(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016

Place:New Delhi

## MORARJI DESAI NATIONAL INSTITUTE OF YOGA

(An autonomous Institute under Ministry of AYUSH, Govt of India)

68, Ashok Road, New Delhi-110 001

### SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016

<b>SCHEDULES 1 - CORPUS/CAPITAL FUND:</b>	<b>Current Year</b>		<b>Previous Year</b>	
<b>a) Members Own Deposit</b>				
Balance as at the beginning of the year	37,232,342.00		39,659,405.00	
Add: Received during the year	4,526,100.00		4,388,900.00	
Add: Interest for the current year	2,843,558.00		2,968,813.00	
Less: Final payment during the year:	10,144,446.00	34,457,554.00	9,784,776.00	37,232,342.00
<b>b) Employer's Contribution</b>				
Balance as at the beginning of the year	18,340,724.00		20,767,472.00	
Add: Received during the year	838,959.00		917,101.00	
Add: Interest for the current year	1,490,745.00		1,549,468.00	
Less: Final payment during the year	2,656,794.00	18,013,634.00	4,893,317.00	18,340,724.00
<b>BALANCE AS AT THE YEAR END</b>		<b>52,471,188.00</b>		<b>55,573,066.00</b>

<b>SCHEDULES 2 - RESERVES AND SURPLUS</b>	<b>Current Year</b>		<b>Previous Year</b>	
<b>1. Capital Reserve :</b>				
As per Last Account	-		-	
Addition during the year	-		-	
Less: Deductions during the year	-	-	-	-
<b>2 Revaluation Reserve :</b>				
As per Last Account	-		-	
Addition during the year	-		-	
Less: Deductions during the year	-	-	-	-
<b>3. Special Reserve :</b>				
As per Last Account	-		-	
Addition during the year	-		-	
Less: Deductions during the year	-	-	-	-
<b>4. General Reserve :</b>				
As per Last Account	3,084,719.64		1,557,260.75	
Addition during the year	1,039,852.90		1,527,458.89	
Less: Deductions during the year	-	4,124,572.54	-	3,084,719.64
<b>TOTAL</b>		<b>4,124,572.54</b>		<b>3,084,719.64</b>

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

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Place: New Delhi



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**SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016**

<b>SCHEDULE 3 - EARMARKED/ENDOWMENT FUNDS</b>			<b>(Amount - Rs.)</b>	
	<b>Current Year</b>		<b>Previous Year</b>	
<b>a) Sundry Fund</b>				
As per last balance sheet	-		-	
Add: Amt. trf. Out of prov. For leave Encashment (NP)	-		-	
Less: Transferred to Income & Expenditure a/c	-	-	-	-
<b>NET BALANCE AS AT THE YEAR END</b>		-		-
<b>Notes</b>				
1) Disclosures shall be made under relevant heads based on conditions attaching to the grants				
2) Plan Funds received from the Central/State Governments are to shown as separate Funds and not to be mixed up with any other Funds				

(Anshuman Kumar Jha)  
Accountant(Dr. Rakesh Kumar)  
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(Amount - Rs.)

<b>SCHEDULE 4 - SECURED LOANS AND BORROWINGS</b>	<b>Current Year</b>		<b>Previous Year</b>	
1 Central Government		-		
2 State Government (Specify)		-		
3 Financial Institutions				
a) Term Loans	-		-	
b) Interest accrued and due	-	-	-	-
4 Banks				
a) Term Loans	-		-	
- Interest accrued and due	-		-	
b) Other Loans (specify)	-		-	
- Interest accrued and due	-	-	-	-
5 Other Institutions and Agencies		-		-
6 Debentures and Bonds		-		-
7 Others (Specify)		-		-
<b>TOTAL</b>		-		-

**Note: Amounts due within one year**

(Amount - Rs.)

<b>SCHEDULE 5 - UNSECURED LOANS AND BORROWINGS</b>	<b>Current Year</b>	<b>Previous Year</b>
1 Central Government	-	-
2 State Government (Specify)	-	-
3 Financial Institutions	-	-
4 Banks		
a) Term Loans	-	-
b) Other Loans (specify)	-	-
5 Other Institutions and Agencies	-	-
6 Debentures and Bonds	-	-
7 Others (Specify)	-	-
<b>TOTAL</b>	-	-

**Note: Amounts due within one year**

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
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(Dr. I.V. Basavaraddi)  
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	Current Year	Previous Year
<b>SCHEDULE 6 - DEFERRED CREDIT LIABILITIES</b>		
a) Acceptances secured by hypothecation of capital equipment a	-	-
b) Others	-	-
<b>TOTAL</b>	-	-
<b>Note: Amounts due within one years</b>		

	Current Year		Previous Year	
<b>SCHEDULE 7 - CURRENT LIABILITIES AND PROVISIONS</b>				
<b>Sundry Creditors</b>				
a) Ex. Members Own Deposit	-		-	
b) MDNIY	229,711.00		229,711.00	
Others	-	229,711.00	-	229,711.00
<b>TOTAL (A)</b>		<b>229,711.00</b>		<b>229,711.00</b>

(Anshuman Kumar Jha)  
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**SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016**

DESCRIPTION	GROSS BLOCK			DEPRECIATION			NET BLOCK		(Amount - Rs.)
	Cost/valuation as at beginning of the year	Additions during the year	Deductions during the year	Cost/valuation as at end of the year	As at the Beginning of the year	On Additions during the year	On Deductions during the year	As at the Current Year - end	
<b>A. FIXED ASSETS</b>									
1 LAND									
a) Freehold	-	-	-	-	-	-	-	-	-
b) Leasehold	-	-	-	-	-	-	-	-	-
2 BUILDINGS									
a) On Freehold land	-	-	-	-	-	-	-	-	-
b) On Leasehold Land	-	-	-	-	-	-	-	-	-
c) Ownership Flats/Premises	-	-	-	-	-	-	-	-	-
d) Superstructures on Land not belonging to the entity	-	-	-	-	-	-	-	-	-
3 PLANT MACHINERY & EQUIPMENT									
4 VEHICLES									
5 FURNITURE, FIXTURES									
6 OFFICE EQUIPMENT									
7 COMPUTER/PERIPHERALS									
8 ELECTRIC INSTALLATIONS									
9 LIBRARY BOOKS									
10 TUBEWELLS & W. SUPPLY									
11 OTHER FIXED ASSETS									
<b>TOTAL OF CURRENT YEAR (A)</b>									
<b>PREVIOUS YEAR (A)</b>									
<b>B. CAPITAL WORK IN PROGRESS</b>									
<b>TOTAL (B)</b>									
<b>TOTAL (A+B)</b>									

(Note to be given as to cost of assets on hire purchase basis included above)

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**SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016**

(Amount - Rs.)

	Current Year		Previous Year	
<b><u>SCHEDULE 9 - INVESTMENTS FROM EARMARKED/ENDOWMENT FUNDS</u></b>				
a) FDR with SBI , Nirman Bhawan	-		-	
FDR with State Bank of Travancore	42,105,473.00		42,591,833.00	
FDR with Bank of Baroda	-		-	
Mutual Funds with SBI	1,671,879.45	43,777,352.45	1,671,879.45	44,263,712.45
<b><u>TOTAL</u></b>		43,777,352.45		44,263,712.45

	Current Year		Previous Year	
<b><u>SCHEDULE 10 - INVESTMENTS - OTHERS</u></b>				
1 In Government Securities	-		-	-
2 Other Approved Securities	-		-	-
3 Shares	-		-	-
4 Debentures and Bonds	-		-	-
5 Subsidiaries and Joint Ventures	-		-	-
6 Others (to be specified)	-		-	-
<b><u>TOTAL</u></b>			-	-

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**SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.2016**

(Amount - Rs.)

	Current Year		Previous Year	
<b>SCHEDULE 11 - CURRENT ASSETS, LOANS, ADVANCES ETC</b>				
a) Advance to Members	2,165,567.00		1,744,737.00	
b) MDNIY	-		-	
c) Accrued Interest on FDR	6,249,469.27		4,381,032.27	
d) TDS Exemption claim	2,851,366.00		2,679,524.00	
e) Cash in Hand	-		-	
f) <u>Bank Balances:</u>				
Bank of Baroda, Nirman Bhawan	125,101.00		120,243.00	
SBI, Nirman Bhawan	673,638.82		367,102.92	
SBT, Parliament Street	982,977.00	13,048,119.09	5,331,145.00	14,623,784.19
<b>TOTAL</b>		13,048,119.09		14,623,784.19

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## MORARJI DESAI NATIONAL INSTITUTE OF YOGA

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### SCHEDULES FORMING PART OF INCOME & EXPENDITURE A/C FOR THE YEAR ENDED 31.03.2016

	Current Year	Previous Year
<b><u>SCHEDULE 12 - INCOME FROM SALES/SERVICE</u></b>		
a) Sale of Prospectus	-	-
b) Sale of Tender Papers	-	-
c) Yoga Class Receipts	-	-
d) Registration Charges	-	-
e) Publications	-	-
f) Photocopy Charges	-	-
g) Purchase & Sale of Yoga Articles	-	-
h) IT Material on Yoga	-	-
i) Workshop Receipts	-	-
j) Laboratory charges	-	-
k) Library membership fee	-	-
l) OPD Registration charges	-	-
m) Yoga Class charges	-	-
n) Yoga Certificate Course fee	-	-
o) Workshop for Children charges	-	-
<b>TOTAL</b>	-	-

	Plan	
	Current Year	Previous Year
<b><u>SCHEDULE 13 - GRANTS/SUBSIDIES</u></b> (Irrevocable Grants & Subsidies Received)		
B/F Unspent Grants of Previous year	-	-
Add: Grant-in-Aid received from M/O H&FW Govt. of India	-	-
Add: Transferred from Sundry Fund (Plan)	-	-
Add: Transferred from Sundry Fund (Non-Plan)	-	-
Less: Trf to Fixed Assets Fund	-	-
Less: Transferred to Sundry Fund (Plan)	-	-
Less: Trf to MHFW Grant Carry & B/F (Plan)	-	-
Less: Trf to MHFW Grant Carry & B/F (Non-Plan)	-	-
<b>TOTAL</b>	-	-

(Anshuman Kumar Jha)  
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## SCHEDULES FORMING PART OF INCOME & EXPENDITURE A/C FOR THE YEAR ENDED 31.03.2016

	(Amount - Rs.)	
	Current Year	Previous Year
<b>SCHEDULE 14 - FEES/SUBSCRIPTION</b>		
1) Tution Fees	-	-
2) Reg Charges	-	-
3) Examination Fees DTS	-	-
4) Library Fees DYS	-	-
5) Subscription Yoga Vijnana	-	-
6) Children Prog. Fees Receipt	-	-
<b>TOTAL</b>	-	-
<b>Note</b> : Accounting Policies towards each item are to be disclosed		

<b>SCHEDULE 15 - INCOME FROM INVESTMENTS</b> (Income on Invest. From earmarked/endowment funds transferred to Funds)	Investment from Earmarked Funds		Investment - others	
	Current Year	Previous Year	Current Year	Previous Year
1) Interest				
a) On Govt. Securities	-	-	-	-
b) Other Bonds/Debentures	-	-	-	-
2) Dividends				
a) On Shares	-	-	-	-
b) On Mutual Fund Securities	-	-	-	-
3) Rents	-	-	-	-
4) Others (Specify)	-	-	-	-
<b>TOTAL</b>	-	-	-	-
<b>TRANSFERRED TO EARMARKED / ENDOWMENT FUNDS</b>	-	-		

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**SCHEDULES FORMING PART OF INCOME & EXPENDITURE FOR THE YEAR ENDED 31.03.2016**

(Amount - Rs.)

	Current Year	Previous Year
<b><u>SCHEDULE 16 - INCOME FROM ROYALTY, PUBLICATION ETC</u></b>		
1) Income from Royalty	-	-
2) Income from Publication	-	-
3) Others (Specify)	-	-
<b><u>TOTAL</u></b>	-	-

	Current Year	Previous Year
<b><u>SCHEDULE 17 - INTEREST EARNED</u></b>		
1) Interest on Earmarked Investment	4,910,779.00	5,598,929.00
2) Dividend on Mutual Funds	290,019.90	324,139.89
3) Interest on SB A/c Deposit	142,885.00	138,146.00
4) Interest on Personal Loan	-	-
5) Others Interest	30,472.00	-
<b><u>TOTAL</u></b>	5,374,155.90	6,061,214.89
<b>Note:</b> Tax Deducted at source to be indicated		

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### SCHEDULES FORMING PART OF INCOME & EXPENDITURE FOR THE YEAR ENDED 31.03.2016

(Amount - Rs.)

	Current Year	Previous Year
<b><u>SCHEDULE 18 - OTHER INCOME</u></b>		
1) Profit on Sale/Disposal of Assets	-	-
2) Export Incentive realized	-	-
3) Fees for Miscellaneous Services	-	-
4) Miscellaneous Income	-	-
<b><u>TOTAL</u></b>	-	-

	Current Year	Previous Year
<b><u>SCHEDULE 19 - INCREASE/(DECREASE) IN STOCK OF FINISHED GOODS &amp; WORK IN PROGRESS</u></b>		
a) Closing Stock		
Finished Goods	-	-
Work In Progress	-	-
b) Less: Opening Stock		
Finished Goods	-	-
Work In Progress	-	-
<b><u>NET INCREASE/(DECREASE) [a-b]</u></b>	-	-

	Current Year	Previous Year
<b><u>SCHEDULE 20 - ESTABLISHMENT EXPENSES</u></b>		
1) Salaries and Wages		
2) Allowances and Bonus		-
3) Contribution to Provident Fund		-
4) Contribution to Other Funds		-
5) Staff Welfare Expenses		-
6) Expenses on Employee's Retirement and Terminal Benefits		-
7) Others		-
<b><u>TOTAL</u></b>		-

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**SCHEDULES FORMING PART OF INCOME & EXPENDITURE FOR THE YEAR ENDED 31.03.2016**

	Current Year	Previous Year
<b><u>SCHEDULE 21 - OTHER ADMINISTRATION EXPENSES</u></b>		-
1) Bank Charges	-	232.00
<b><u>TOTAL</u></b>	-	232.00

	Current Year	Previous Year
<b><u>SCHEDULE 22 - EXPENDITURE ON GRANTS, SUBSIDIES</u></b>		
a) Grants given to Institutions/Organisations	-	-
b) Subsidies given to Institutions/Organisations	-	-
<b><u>TOTAL</u></b>	-	-

	Current Year	Previous Year
<b><u>SCHEDULE 23 - INTEREST</u></b>		
a) Interest on Members Own Deposit	2,843,558.00	2,968,813.00
b) Interest on Employers contribution to Members	1,490,745.00	1,549,468.00
c) Members Employers contribution adjustment a/c	-	15,243.00
<b><u>TOTAL</u></b>	4,334,303.00	4,533,524.00

(Anshuman Kumar Jha)  
Accountant(Dr. Rakesh Kumar)  
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## SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE PERIOD ENDED 31.03.2016

### SCHEDULE 24 - SIGNIFICANT ACCOUNTING POLICIES

#### 1 ACCOUNTING CONVENTION

The financial Statement are prepared on the basis of historical cost convention, unless otherwise stated and on the accrual method of accounting

#### 2 INVENTORY VALUATION

2.1 Stores and Spares (including machinery spares) are valued at cost Raw materials, semi-finished goods and finished goods are valued at lower cost and net realizable value.

2.2 The costs are based on weighted average cost. Cost of finished goods and semi-finished goods is determined by considering material, labour and related overheads.

#### 3 INVESTMENTS

3.1 Investments classified as "long term investments" are carried at cost. Provision for decline, other than temporary, is made in carrying cost of such investments.

3.2 Investments classified as "Current" are carried at lower of cost and fair value. Provision for Shortfall on the value of such investments is made for each investment considered individually and not on a global basis.

3.3 Cost includes acquisition expenses like brokerage, transfer stamps.

#### 4 EXCISE DUTY

Liability for excise duty in respect of goods produced by the entity, other than for exports, is accounted upon completion of manufacture and provision is made for excisable manufactured goods as at the year end.

#### 5 FIXED ASSETS

5.1 Fixed Assets are stated at cost of acquisition inclusive of inward freight, duties and taxes and incidental and direct expenses related to acquisition. In respect of projects involving construction, related pre-operational expenses (including interest on loans for specific project prior to its completion), form part of the value of the assets capitalized.

5.2 Fixed Assets received by way of non-monetary grant, (other than towards the Corpus Fund), are capitalized at values stated, by corresponding credit to Capital Reserves.

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

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**6 DEPRECIATION**

- Depreciation is provided on straight-line method as per rates specified in the Income Tax Act, 1961
- 6.1 except depreciation on cost adjustment arising on account of conversion of foreign currency liabilities for acquisition of fixed assets, which is amortized over the residual life of the respective assets.
- 6.2 In respect of additions to/ deductions from fixed assets during the year, depreciation is considered on pro-rata basis.
- 6.3 Assets costing Rs.5,000 or less each are fully provided.

**7 MISCELLANEOUS EXPENDITURE**

Deferred revenue expenditure is written off over a period of 5 years from the year it is incurred

**8 ACCOUNTING FOR SALES**

Sales include excise duty and are net of sales returns, rebate and trade discounts

**9 GOVERNMENT GRANT/SUBSIDIES**

- 9.1 Government grants of the nature of contribution towards capital cost of setting up projects are treated as Capital Reserves
- 9.2 Grants in respect of specific fixed assets acquired are shown as a deduction from the cost of the related assets
- 9.3 Government grants/subsidy are accounted on realization basis.

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### 10 FOREIGN CURRENCY TRANSACTIONS

- 10.1 Transactions denominated in foreign currency are accounted at the exchange rate prevailing at the date of the transaction.  
Current assets, foreign currency loan and current liabilities are converted at the exchange rate prevailing as at the year end and the resultant gain/loss is adjusted to cost of fixed assets, if the foreign currency liability relates to fixed assets, and in other cases is considered to revenue.
- 10.2

### 11 LEASE

Lease rental are expensed with reference to lease terms.

### 12 RETIREMENT BENEFITS

- 12.1 Liability towards gratuity payable on death/retirement of employee is accrued based on actuarial valuation
- 12.2 Provision for accumulated leave encashment benefit to the employees is accrued and computed on the assumption that employees are entitled to receive the benefit as at each year end.

## SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE PERIOD ENDED

### SCHEDULE 25 - CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS

#### 1 CONTINGENT LIABILITIES

- 1.1 Claims against the Entity not acknowledged as debts - Rs...Nil. (previous year Rs...Nil)

(Anshuman Kumar Jha)  
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- 1.2 In respect of -
- Bank guarantees given by/on behalf of the entity Rs...Nil (Previous Year Rs...Nil.)
  - Letters of Credit opened by bank on behalf of the entity Rs...Nil. (Previous Year Rs...Nil.)
  - Bills Discounted with banks Rs...0.0(Previous Year Rs... Nil..)
- 1.3 Disputed demands in respect of:
- Income Tax Rs...Nil. (Previous Year Rs...Nil)
  - Sales Tax Rs.Nil (Previous Year Rs...Nil.)
  - Municipal Taxes Rs...Nil (Previous Year Rs...Nil)
- 1.4 In respect of claims from parties for non-execution of orders, but contested by the Entity Rs...Nil.  
(Previous Year Rs...Nil.)

### 2 CAPITAL COMMITMENTS

Estimated value of contracts remaining to be executed on capital account and not provided for (net of advances)  
Rs...Nil (Previous Year Rs Nil)

### 3 LEASE OBLIGATION

Future obligation for rentals under finance lease arrangements for plant and machinery amount to Rs...Nil.  
(Previous Year Rs.Nil)

### 4 CURRENT ASSETS, LOANS AND ADVANCES

In the opinion of the Management, the current assets, loans and advances have a value on realization in the ordinary course of business, equal atleast to the aggregate amount shown in the Balance Sheet

### 5 TAXATION

In view of there being no taxable income under Income-tax Act, 1961, no provision for Income Tax has been considered necessary

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016

Place:New Delhi

## MORARJI DESAI NATIONAL INSTITUTE OF YOGA

(An autonomous Institute under Ministry of AYUSH, Govt of India)

68, Ashok Road, New Delhi-110 001

### 6 FOREIGN CURRENCY TRANSACTIONS

6.1 Value of Imports Calculated on CIF Basis

6.2 Expenditure in foreign currency

6.3 Earnings

6.4 Remuneration to auditors

7 Corresponding figures for the previous year have been regrouped/rearranged, whenever necessary

8 Schedules 1 to 25 are annexed to and form an integral part of Balance Sheet as at 31.03.2016 and the Income & Expenditure Account for the year ended on that date.

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016

Place:New Delhi



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**RECEIPTS AND PAYMENTS ACCOUNT OF MDNIY EMPLOYEES' CP FUND FOR THE YEAR ENDED ON 31ST MARCH, 2016**

		(AMOUNT-Rs.)			
RECEIPTS	Current Year	Previous Year	PAYMENTS	Current year	Previous Year
<b>I. Opening Balances</b>					
BoB, Nirman Bhawan	120,243.00	115,574.00	<b>I. Expenses</b>	-	232.00
SBI, Nirman Bhawan	367,102.92	34,509.03	Bank Charges		
SBT, Parliament Street	5,331,145.00	2,467,168.00			
<b>II. Interest Received</b>			<b>II) Investments and Deposits made in</b>		
Interest received on FDR	158,983.00	512,035.00	FDR with TRAVANCORE	4,000,000.00	4,429,982.00
Interest on SB A/c	142,885.00	138,146.00	FDR with BOB	-	-
Dividend received	290,019.90	324,139.89	FDR with SBT	-	-
Interest received on TDS refund	30,472.00				
<b>III Investment Matured</b>			<b>III Other Payments</b>		
Fixed Deposit Matured	6,733,536.00	16,022,198.00	Final Payment from Own Subscription	10,144,446.00	9,781,618.00
<b>IV. Other Receipts</b>			Final Payment from Employer's cont.	2,656,794.00	4,893,317.00
Morarji Desai National Institute of Yoga			TDS for interest on FDR	4,507.00	-
for Member's A/C			Advance to Members	1,192,000.00	625,000.00
- Employees Subscription	4,526,100.00	4,388,900.00	Sundry Creditors	-	63.00
- Employees Refund of Advances	771,170.00	647,333.00	<b>IV Closing Balance</b>		
- Employer's Contribution	838,959.00	898,700.00	BoB, Nirman Bhawan	125,101.00	120,243.00
TDS exemption claim	468,848.00	-	SBI, Nirman Bhawan	673,638.82	367,102.92
MDNIY	-	-	SBT, Parliament Street	982,977.00	5,331,145.00
<b>GRAND TOTAL</b>	<b>19,779,463.82</b>	<b>25,548,702.92</b>	<b>GRAND TOTAL</b>	<b>19,779,463.82</b>	<b>25,548,702.92</b>

(Anshuman Kumar Jha)  
Accountant

(Dr. Rakesh Kumar)  
DDO

(Dr. I.V. Basavaraddi)  
Director

Date:30.06.2016  
Place:New Delhi